

Blue Hill Harbor, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:14	10.1	1:25	10.9	7:19	0.7	7:49	-0.3	7:10	4:05	
2	Tue	1:58	10.3	2:13	10.7	8:07	0.6	8:34	-0.1	7:10	4:06	
3	Wed	2:46	10.4	3:06	10.3	9:01	0.5	9:24	0.1	7:10	4:07	
4	Thu	3:38	10.5	4:04	9.9	9:59	0.4	10:19	0.4	7:10	4:08	
5	Fri	4:35	10.6	5:09	9.6	11:02	0.3	11:19	0.6	7:10	4:09	
6	Sat	5:36	10.8	6:16	9.5			12:09	0.1	7:10	4:10	
7	Sun	6:39	11.0	7:24	9.5	12:23	0.7	1:15	-0.2	7:09	4:11	
8	Mon	7:42	11.2	8:27	9.8	1:28	0.7	2:18	-0.5	7:09	4:12	
9	Tue	8:42	11.5	9:25	10.1	2:29	0.5	3:16	-0.8	7:09	4:13	
10	Wed	9:38	11.8	10:18	10.3	3:27	0.3	4:10	-1.1	7:09	4:14	
11	Thu	10:30	11.9	11:08	10.5	4:22	0.1	5:01	-1.1	7:08	4:15	
12	Fri	11:20	11.8	11:56	10.5	5:13	0.0	5:49	-1.0	7:08	4:16	
13	Sat			12:09	11.5	6:02	0.1	6:35	-0.8	7:07	4:18	
14	Sun	12:42	10.5	12:55	11.1	6:50	0.2	7:20	-0.4	7:07	4:19	
15	Mon	1:27	10.3	1:42	10.6	7:38	0.5	8:04	0.1	7:06	4:20	
16	Tue	2:12	10.1	2:29	10.0	8:26	0.8	8:48	0.6	7:06	4:21	
17	Wed	2:58	9.8	3:18	9.3	9:15	1.1	9:34	1.1	7:05	4:22	
18	Thu	3:45	9.6	4:11	8.8	10:07	1.3	10:22	1.6	7:05	4:24	
19	Fri	4:35	9.4	5:08	8.4	11:02	1.5	11:14	1.9	7:04	4:25	
20	Sat	5:28	9.2	6:07	8.2			12:00	1.5	7:03	4:26	
21	Sun	6:23	9.3	7:05	8.2	12:09	2.1	12:57	1.4	7:02	4:28	
22	Mon	7:17	9.4	7:58	8.4	1:05	2.1	1:51	1.1	7:02	4:29	
23	Tue	8:07	9.8	8:47	8.7	1:57	1.9	2:40	0.8	7:01	4:30	
24	Wed	8:53	10.2	9:30	9.1	2:45	1.6	3:24	0.4	7:00	4:32	
25	Thu	9:36	10.6	10:10	9.5	3:29	1.2	4:05	0.0	6:59	4:33	
26	Fri	10:17	11.0	10:49	9.9	4:10	0.8	4:44	-0.3	6:58	4:34	
27	Sat	10:57	11.3	11:28	10.3	4:51	0.5	5:23	-0.6	6:57	4:36	
28	Sun	11:38	11.4			5:32	0.2	6:02	-0.8	6:56	4:37	
29	Mon	12:07	10.6	12:21	11.4	6:15	-0.1	6:42	-0.8	6:55	4:39	
30	Tue	12:49	10.9	1:06	11.2	7:00	-0.3	7:24	-0.7	6:54	4:40	
31	Wed	1:33	11.1	1:54	10.9	7:49	-0.3	8:10	-0.4	6:53	4:41	