

Cape Porpoise, ME - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:45	8.2	5:08	7.6	11:01	1.3	11:14	1.2	7:14	4:16	
2	Fri	5:33	8.4	6:06	7.5	11:57	1.1			7:14	4:17	
3	Sat	6:26	8.7	7:08	7.6	12:07	1.2	12:57	0.7	7:14	4:18	
4	Sun	7:23	9.1	8:09	7.8	1:04	1.1	1:57	0.2	7:14	4:19	
5	Mon	8:19	9.6	9:05	8.2	2:02	0.9	2:54	-0.3	7:14	4:20	
6	Tue	9:13	10.1	10:00	8.5	2:58	0.5	3:48	-0.8	7:14	4:21	
7	Wed	10:08	10.5	10:53	8.9	3:52	0.1	4:40	-1.3	7:14	4:22	
8	Thu	11:02	10.9	11:46	9.2	4:46	-0.3	5:33	-1.5	7:13	4:23	
9	Fri	11:56	11.0			5:40	-0.5	6:24	-1.7	7:13	4:24	
10	Sat	12:37	9.5	12:49	10.8	6:35	-0.6	7:14	-1.6	7:13	4:25	
11	Sun	1:29	9.6	1:43	10.4	7:30	-0.6	8:05	-1.3	7:13	4:26	
12	Mon	2:22	9.6	2:40	9.9	8:27	-0.4	8:58	-0.8	7:12	4:27	
13	Tue	3:17	9.5	3:40	9.2	9:28	-0.2	9:53	-0.3	7:12	4:28	
14	Wed	4:13	9.4	4:42	8.6	10:30	0.1	10:49	0.3	7:11	4:29	
15	Thu	5:11	9.2	5:46	8.1	11:35	0.3	11:48	0.8	7:11	4:31	
16	Fri	6:10	9.0	6:52	7.7			12:41	0.4	7:10	4:32	
17	Sat	7:10	8.9	7:56	7.6	12:51	1.2	1:46	0.4	7:10	4:33	
18	Sun	8:08	8.8	8:53	7.6	1:52	1.4	2:43	0.3	7:09	4:34	
19	Mon	9:00	8.9	9:42	7.7	2:47	1.3	3:34	0.2	7:09	4:35	
20	Tue	9:47	9.0	10:27	7.8	3:35	1.3	4:19	0.1	7:08	4:37	
21	Wed	10:30	9.1	11:08	7.9	4:18	1.1	5:00	0.1	7:07	4:38	
22	Thu	11:09	9.2	11:45	8.1	4:58	1.0	5:36	0.0	7:06	4:39	
23	Fri	11:46	9.2			5:35	0.9	6:10	0.0	7:06	4:41	
24	Sat	12:19	8.1	12:21	9.1	6:10	0.9	6:41	0.1	7:05	4:42	
25	Sun	12:52	8.2	12:55	8.9	6:46	0.8	7:12	0.1	7:04	4:43	
26	Mon	1:24	8.3	1:30	8.7	7:22	0.8	7:45	0.3	7:03	4:44	
27	Tue	1:57	8.4	2:07	8.4	8:00	0.8	8:20	0.5	7:02	4:46	
28	Wed	2:32	8.4	2:48	8.1	8:42	0.9	8:59	0.7	7:01	4:47	
29	Thu	3:12	8.5	3:35	7.8	9:29	0.9	9:42	0.9	7:00	4:48	
30	Fri	3:57	8.5	4:28	7.5	10:21	0.9	10:32	1.1	6:59	4:50	
31	Sat	4:48	8.6	5:27	7.4	11:18	0.8	11:28	1.2	6:58	4:51	