US HARBORS www.USHarbors.com

Cape Porpoise, ME - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:34	9.7	4:04	10.0	9:47	-0.6	10:20	-0.3	5:31	8:04	
2	Mon	4:31	9.4	5:00	10.0	10:41	-0.3	11:20	-0.1	5:32	8:02	
3	Tue	5:32	9.0	5:59	9.9	11:38	0.0			5:34	8:01	
4	Wed	6:36	8.7	7:01	9.8	12:23	0.0	12:39	0.3	5:35	8:00	
5	Thu	7:44	8.5	8:06	9.8	1:30	0.0	1:44	0.5	5:36	7:59	
6	Fri	8:51	8.5	9:09	9.9	2:38	-0.1	2:49	0.5	5:37	7:57	
7	Sat	9:51	8.7	10:07	10.0	3:40	-0.2	3:50	0.4	5:38	7:56	
8	Sun	10:46	8.9	11:00	10.1	4:35	-0.4	4:44	0.3	5:39	7:55	
9	Mon	11:36	9.1	11:49	10.1	5:25	-0.5	5:35	0.2	5:40	7:53	
10	Tue			12:23	9.2	6:12	-0.5	6:23	0.1	5:41	7:52	
11	Wed	12:35	10.0	1:06	9.2	6:54	-0.4	7:07	0.2	5:42	7:50	
12	Thu	1:18	9.7	1:46	9.2	7:34	-0.2	7:50	0.3	5:43	7:49	
13	Fri	1:59	9.4	2:25	9.1	8:12	0.1	8:31	0.5	5:44	7:47	
14	Sat	2:40	9.0	3:04	9.0	8:50	0.4	9:14	0.7	5:46	7:46	
15	Sun	3:23	8.6	3:45	8.8	9:30	0.7	9:59	0.9	5:47	7:44	
16	Mon	4:08	8.2	4:29	8.6	10:12	1.1	10:46	1.2	5:48	7:43	
17	Tue	4:57	7.9	5:17	8.5	10:57	1.4	11:37	1.3	5:49	7:41	
18	Wed	5:49	7.6	6:07	8.4	11:45	1.6			5:50	7:40	
19	Thu	6:44	7.4	7:01	8.4	12:31	1.4	12:38	1.7	5:51	7:38	
20	Fri	7:42	7.4	7:57	8.6	1:29	1.4	1:34	1.7	5:52	7:37	
21	Sat	8:38	7.6	8:51	8.9	2:26	1.1	2:30	1.5	5:53	7:35	
22	Sun	9:29	8.0	9:40	9.3	3:18	0.8	3:23	1.1	5:54	7:33	
23	Mon	10:16	8.4	10:27	9.7	4:05	0.3	4:11	0.6	5:56	7:32	
24	Tue	11:00	8.9	11:13	10.1	4:49	-0.2	4:59	0.1	5:57	7:30	
25	Wed	11:44	9.4			5:32	-0.6	5:46	-0.4	5:58	7:29	
26	Thu	12:00	10.3	12:28	9.9	6:16	-0.9	6:34	-0.7	5:59	7:27	
27	Fri	12:47	10.5	1:13	10.3	7:00	-1.1	7:22	-1.0	6:00	7:25	
28	Sat	1:35	10.4	1:59	10.5	7:46	-1.1	8:13	-1.0	6:01	7:23	
29	Sun	2:25	10.2	2:48	10.5	8:34	-0.9	9:06	-0.9	6:02	7:22	
30	Mon	3:18	9.8	3:42	10.3	9:26	-0.6	10:03	-0.7	6:03	7:20	
31	Tue	4:17	9.4	4:40	10.1	10:22	-0.1	11:05	-0.3	6:04	7:18	