

Cape Porpoise, ME - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:25	8.4	3:38	8.5	9:32	0.9	9:56	0.4	7:14	4:16	
2	Mon	4:13	8.6	4:33	8.3	10:25	0.8	10:47	0.4	7:14	4:17	
3	Tue	5:05	8.8	5:32	8.3	11:23	0.6	11:42	0.4	7:14	4:18	
4	Wed	6:01	9.2	6:35	8.3			12:25	0.3	7:14	4:19	
5	Thu	7:00	9.6	7:40	8.6	12:41	0.3	1:28	-0.2	7:14	4:20	
6	Fri	8:00	10.0	8:41	8.9	1:42	0.1	2:29	-0.7	7:14	4:21	
7	Sat	8:57	10.5	9:38	9.3	2:41	-0.3	3:26	-1.3	7:13	4:22	
8	Sun	9:53	10.9	10:34	9.7	3:37	-0.6	4:20	-1.7	7:13	4:23	
9	Mon	10:48	11.2	11:28	9.9	4:32	-0.9	5:14	-1.9	7:13	4:24	
10	Tue	11:42	11.2			5:27	-1.1	6:06	-2.0	7:13	4:25	
11	Wed	12:21	10.0	12:35	11.0	6:21	-1.0	6:57	-1.8	7:12	4:26	
12	Thu	1:13	10.0	1:28	10.6	7:15	-0.9	7:49	-1.4	7:12	4:27	
13	Fri	2:05	9.8	2:23	10.0	8:10	-0.5	8:41	-0.9	7:12	4:28	
14	Sat	3:00	9.5	3:20	9.4	9:08	-0.2	9:36	-0.4	7:11	4:29	
15	Sun	3:56	9.2	4:20	8.7	10:08	0.2	10:31	0.2	7:11	4:31	
16	Mon	4:52	9.0	5:20	8.2	11:10	0.5	11:29	0.7	7:10	4:32	
17	Tue	5:49	8.7	6:22	7.9			12:14	0.7	7:10	4:33	
18	Wed	6:47	8.6	7:24	7.7	12:28	1.0	1:16	0.7	7:09	4:34	
19	Thu	7:43	8.7	8:20	7.8	1:27	1.2	2:14	0.6	7:09	4:36	
20	Fri	8:34	8.8	9:09	7.9	2:20	1.2	3:03	0.4	7:08	4:37	
21	Sat	9:19	8.9	9:54	8.0	3:08	1.1	3:47	0.2	7:07	4:38	
22	Sun	10:01	9.1	10:35	8.2	3:50	0.9	4:27	0.1	7:06	4:39	
23	Mon	10:41	9.2	11:13	8.3	4:29	0.8	5:04	-0.1	7:06	4:41	
24	Tue	11:18	9.3	11:49	8.5	5:05	0.6	5:38	-0.2	7:05	4:42	
25	Wed	11:53	9.3			5:41	0.5	6:10	-0.2	7:04	4:43	
26	Thu	12:23	8.6	12:27	9.3	6:17	0.4	6:44	-0.3	7:03	4:45	
27	Fri	12:56	8.7	1:03	9.2	6:53	0.4	7:18	-0.2	7:02	4:46	
28	Sat	1:30	8.8	1:41	9.1	7:33	0.3	7:56	-0.2	7:01	4:47	
29	Sun	2:08	8.9	2:23	8.9	8:16	0.3	8:38	-0.1	7:00	4:49	
30	Mon	2:50	8.9	3:11	8.6	9:04	0.3	9:25	0.1	6:59	4:50	
31	Tue	3:38	9.0	4:05	8.4	9:57	0.3	10:16	0.3	6:58	4:51	