

Cape Porpoise, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:36	9.8	12:48	11.0	6:35	-0.9	7:13	-1.8	7:14	4:16	
2	Tue	1:29	9.9	1:43	10.7	7:30	-0.8	8:06	-1.5	7:14	4:17	
3	Wed	2:24	9.8	2:41	10.2	8:28	-0.5	9:02	-1.1	7:14	4:17	
4	Thu	3:22	9.6	3:43	9.6	9:29	-0.2	10:00	-0.6	7:14	4:18	
5	Fri	4:22	9.5	4:47	9.1	10:34	0.0	11:00	-0.2	7:14	4:19	
6	Sat	5:23	9.3	5:52	8.7	11:40	0.2			7:14	4:20	
7	Sun	6:24	9.3	6:58	8.4	12:02	0.2	12:48	0.2	7:14	4:21	
8	Mon	7:24	9.2	8:00	8.3	1:05	0.5	1:51	0.1	7:13	4:22	
9	Tue	8:20	9.3	8:56	8.3	2:04	0.6	2:48	0.0	7:13	4:23	
10	Wed	9:10	9.4	9:46	8.4	2:56	0.7	3:37	-0.2	7:13	4:25	
11	Thu	9:55	9.4	10:31	8.4	3:43	0.7	4:22	-0.3	7:13	4:26	
12	Fri	10:37	9.4	11:12	8.4	4:26	0.6	5:03	-0.3	7:12	4:27	
13	Sat	11:17	9.4	11:50	8.4	5:06	0.6	5:41	-0.3	7:12	4:28	
14	Sun	11:54	9.3			5:43	0.6	6:16	-0.2	7:11	4:29	
15	Mon	12:27	8.4	12:29	9.2	6:19	0.7	6:49	-0.1	7:11	4:30	
16	Tue	1:02	8.4	1:05	9.0	6:55	0.8	7:23	0.0	7:10	4:32	
17	Wed	1:36	8.4	1:41	8.8	7:32	0.8	7:58	0.2	7:10	4:33	
18	Thu	2:13	8.3	2:20	8.6	8:12	0.9	8:36	0.4	7:09	4:34	
19	Fri	2:51	8.3	3:03	8.3	8:56	1.0	9:18	0.6	7:09	4:35	
20	Sat	3:34	8.3	3:51	8.0	9:43	1.0	10:03	0.7	7:08	4:36	
21	Sun	4:20	8.4	4:43	7.9	10:35	1.0	10:52	0.8	7:07	4:38	
22	Mon	5:10	8.5	5:41	7.8	11:31	0.8	11:47	0.8	7:07	4:39	
23	Tue	6:06	8.8	6:43	7.9			12:32	0.6	7:06	4:40	
24	Wed	7:05	9.2	7:46	8.2	12:46	0.7	1:34	0.1	7:05	4:42	
25	Thu	8:03	9.7	8:45	8.6	1:46	0.4	2:33	-0.5	7:04	4:43	
26	Fri	9:00	10.2	9:40	9.1	2:44	-0.1	3:28	-1.1	7:03	4:44	
27	Sat	9:54	10.7	10:34	9.6	3:39	-0.5	4:21	-1.6	7:02	4:46	
28	Sun	10:48	11.1	11:26	9.9	4:33	-0.9	5:13	-1.9	7:01	4:47	
29	Mon	11:41	11.2			5:27	-1.2	6:04	-2.1	7:00	4:48	
30	Tue	12:18	10.2	12:34	11.1	6:20	-1.3	6:54	-2.0	6:59	4:50	
31	Wed	1:09	10.2	1:27	10.7	7:14	-1.3	7:45	-1.6	6:58	4:51	