

Cape Porpoise, ME - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:23	8.6	10:32	10.3	4:11	-0.5	4:15	0.6	5:05	8:26	
2	Sun	11:19	8.6	11:26	10.3	5:07	-0.6	5:10	0.6	5:05	8:25	
3	Mon			12:12	8.7	6:00	-0.7	6:02	0.6	5:06	8:25	
4	Tue	12:18	10.3	1:02	8.7	6:50	-0.6	6:53	0.6	5:06	8:25	
5	Wed	1:07	10.1	1:49	8.7	7:36	-0.5	7:41	0.8	5:07	8:25	
6	Thu	1:53	9.8	2:34	8.6	8:21	-0.2	8:28	0.9	5:08	8:24	
7	Fri	2:39	9.4	3:18	8.6	9:03	0.1	9:16	1.1	5:08	8:24	
8	Sat	3:25	9.0	4:03	8.5	9:46	0.4	10:05	1.3	5:09	8:24	
9	Sun	4:12	8.5	4:47	8.5	10:28	0.8	10:55	1.4	5:10	8:23	
10	Mon	5:02	8.1	5:32	8.4	11:11	1.1	11:47	1.5	5:11	8:23	
11	Tue	5:53	7.7	6:18	8.4	11:56	1.5			5:11	8:22	
12	Wed	6:47	7.4	7:07	8.4	12:40	1.6	12:44	1.8	5:12	8:22	
13	Thu	7:45	7.2	7:58	8.5	1:37	1.5	1:35	1.9	5:13	8:21	
14	Fri	8:42	7.2	8:50	8.6	2:34	1.4	2:29	2.0	5:14	8:20	
15	Sat	9:35	7.3	9:39	8.9	3:26	1.1	3:20	1.8	5:15	8:20	
16	Sun	10:24	7.5	10:25	9.2	4:14	0.8	4:08	1.6	5:16	8:19	
17	Mon	11:10	7.8	11:10	9.6	4:59	0.4	4:54	1.3	5:16	8:18	
18	Tue	11:54	8.1	11:55	9.9	5:42	0.0	5:40	1.0	5:17	8:18	
19	Wed			12:37	8.5	6:24	-0.3	6:26	0.6	5:18	8:17	
20	Thu	12:40	10.1	1:20	8.9	7:07	-0.6	7:13	0.3	5:19	8:16	
21	Fri	1:26	10.2	2:03	9.2	7:49	-0.8	8:01	0.1	5:20	8:15	
22	Sat	2:12	10.2	2:48	9.5	8:33	-0.8	8:52	0.0	5:21	8:14	
23	Sun	3:02	9.9	3:36	9.7	9:20	-0.7	9:46	-0.1	5:22	8:13	
24	Mon	3:56	9.6	4:27	9.8	10:09	-0.4	10:44	-0.1	5:23	8:12	
25	Tue	4:53	9.1	5:22	9.8	11:02	0.0	11:44	0.0	5:24	8:11	
26	Wed	5:55	8.7	6:20	9.8	11:58	0.4			5:25	8:10	
27	Thu	7:00	8.3	7:21	9.7	12:48	0.1	12:58	0.7	5:26	8:09	
28	Fri	8:09	8.1	8:26	9.7	1:56	0.2	2:03	1.0	5:27	8:08	
29	Sat	9:14	8.1	9:27	9.8	3:03	0.1	3:08	1.0	5:28	8:07	
30	Sun	10:14	8.2	10:24	9.8	4:03	-0.1	4:07	0.9	5:29	8:06	
31	Mon	11:08	8.4	11:17	9.9	4:58	-0.2	5:01	0.8	5:30	8:05	