

Cape Porpoise, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:42	8.6	1:48	9.5	7:40	0.5	8:11	-0.4	7:14	4:16	
2	Tue	2:25	8.8	2:37	9.2	8:29	0.4	8:57	-0.3	7:14	4:17	
3	Wed	3:12	9.0	3:30	8.9	9:23	0.3	9:46	-0.1	7:14	4:18	
4	Thu	4:04	9.2	4:29	8.6	10:21	0.3	10:40	0.2	7:14	4:19	
5	Fri	4:59	9.3	5:33	8.3	11:23	0.2	11:38	0.4	7:14	4:20	
6	Sat	5:59	9.4	6:41	8.2			12:29	0.0	7:14	4:21	
7	Sun	7:02	9.6	7:50	8.2	12:41	0.6	1:37	-0.2	7:13	4:22	
8	Mon	8:05	9.9	8:53	8.4	1:45	0.5	2:40	-0.5	7:13	4:23	
9	Tue	9:04	10.1	9:51	8.6	2:47	0.4	3:38	-0.9	7:13	4:24	
10	Wed	10:01	10.3	10:45	8.8	3:44	0.2	4:33	-1.1	7:13	4:25	
11	Thu	10:54	10.4	11:36	8.9	4:38	0.0	5:24	-1.1	7:12	4:26	
12	Fri	11:45	10.3			5:30	0.0	6:11	-1.0	7:12	4:27	
13	Sat	12:23	9.0	12:32	10.0	6:19	0.0	6:56	-0.8	7:12	4:28	
14	Sun	1:09	9.0	1:19	9.6	7:07	0.1	7:40	-0.5	7:11	4:29	
15	Mon	1:53	8.9	2:05	9.1	7:55	0.4	8:23	0.0	7:11	4:31	
16	Tue	2:38	8.7	2:53	8.6	8:44	0.7	9:06	0.5	7:10	4:32	
17	Wed	3:23	8.5	3:44	8.0	9:35	0.9	9:51	0.9	7:10	4:33	
18	Thu	4:10	8.3	4:37	7.5	10:28	1.1	10:39	1.4	7:09	4:34	
19	Fri	4:59	8.2	5:34	7.2	11:24	1.3	11:30	1.7	7:08	4:36	
20	Sat	5:52	8.1	6:34	7.0			12:24	1.4	7:08	4:37	
21	Sun	6:47	8.1	7:34	7.0	12:26	1.9	1:25	1.3	7:07	4:38	
22	Mon	7:43	8.3	8:29	7.2	1:24	1.9	2:20	1.0	7:06	4:39	
23	Tue	8:33	8.5	9:17	7.4	2:17	1.7	3:08	0.7	7:06	4:41	
24	Wed	9:19	8.9	10:00	7.7	3:04	1.4	3:50	0.3	7:05	4:42	
25	Thu	10:02	9.2	10:41	8.1	3:47	1.1	4:30	-0.1	7:04	4:43	
26	Fri	10:43	9.6	11:20	8.4	4:29	0.7	5:08	-0.4	7:03	4:45	
27	Sat	11:23	9.8	11:57	8.8	5:10	0.3	5:45	-0.7	7:02	4:46	
28	Sun			12:04	9.9	5:52	0.0	6:23	-0.8	7:01	4:47	
29	Mon	12:35	9.1	12:46	9.9	6:36	-0.2	7:03	-0.9	7:00	4:49	
30	Tue	1:15	9.4	1:30	9.7	7:21	-0.4	7:45	-0.8	6:59	4:50	
31	Wed	1:58	9.6	2:18	9.4	8:10	-0.4	8:31	-0.5	6:58	4:51	