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Cape Porpoise, ME - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**8:15**	7.2	**8:25**	8.5	**2:07**	1.4	**2:05**	2.0	5:31	8:04	
2	Thu	**9:11**	7.3	**9:18**	8.6	**3:04**	1.3	**3:00**	1.9	5:32	8:03	
3	Fri	**10:01**	7.5	**10:05**	8.9	**3:54**	1.0	**3:49**	1.7	5:33	8:02	
4	Sat	**10:46**	7.7	**10:49**	9.2	**4:38**	0.7	**4:34**	1.5	5:34	8:00	
5	Sun	**11:28**	8.0	**11:30**	9.4	**5:18**	0.4	**5:15**	1.2	5:35	7:59	
6	Mon			**12:07**	8.3	**5:55**	0.1	**5:56**	0.9	5:36	7:58	
7	Tue	**12:09**	9.6	**12:44**	8.7	**6:31**	-0.1	**6:37**	0.6	5:38	7:56	
8	Wed	**12:49**	9.7	**1:20**	9.0	**7:07**	-0.3	**7:18**	0.3	5:39	7:55	
9	Thu	**1:28**	9.8	**1:57**	9.3	**7:45**	-0.4	**8:01**	0.1	5:40	7:54	
10	Fri	**2:10**	9.6	**2:37**	9.6	**8:24**	-0.4	**8:47**	-0.1	5:41	7:52	
11	Sat	**2:55**	9.4	**3:20**	9.7	**9:07**	-0.2	**9:37**	-0.1	5:42	7:51	
12	Sun	**3:45**	9.1	**4:09**	9.8	**9:54**	0.0	**10:32**	0.0	5:43	7:49	
13	Mon	**4:40**	8.7	**5:03**	9.7	**10:46**	0.3	**11:31**	0.1	5:44	7:48	
14	Tue	**5:41**	8.4	**6:02**	9.6	**11:43**	0.6			5:45	7:47	
15	Wed	**6:47**	8.1	**7:08**	9.6	**12:35**	0.2	**12:45**	0.9	5:46	7:45	
16	Thu	**7:58**	8.1	**8:16**	9.7	**1:44**	0.2	**1:53**	0.9	5:47	7:44	
17	Fri	**9:05**	8.2	**9:21**	9.9	**2:53**	0.1	**3:01**	0.8	5:49	7:42	
18	Sat	**10:06**	8.5	**10:20**	10.1	**3:55**	-0.2	**4:02**	0.5	5:50	7:40	
19	Sun	**11:01**	8.9	**11:15**	10.2	**4:50**	-0.5	**4:58**	0.2	5:51	7:39	
20	Mon	**11:51**	9.2			**5:40**	-0.6	**5:51**	0.0	5:52	7:37	
21	Tue	**12:05**	10.2	**12:37**	9.4	**6:26**	-0.6	**6:40**	-0.1	5:53	7:36	
22	Wed	**12:53**	10.0	**1:21**	9.4	**7:09**	-0.5	**7:26**	0.0	5:54	7:34	
23	Thu	**1:38**	9.7	**2:02**	9.4	**7:50**	-0.2	**8:11**	0.1	5:55	7:32	
24	Fri	**2:21**	9.2	**2:42**	9.2	**8:30**	0.2	**8:56**	0.4	5:56	7:31	
25	Sat	**3:05**	8.7	**3:23**	9.0	**9:10**	0.7	**9:42**	0.7	5:57	7:29	
26	Sun	**3:52**	8.2	**4:07**	8.7	**9:53**	1.2	**10:31**	1.0	5:59	7:28	
27	Mon	**4:42**	7.8	**4:56**	8.5	**10:38**	1.6	**11:23**	1.3	6:00	7:26	
28	Tue	**5:36**	7.4	**5:48**	8.3	**11:28**	1.9			6:01	7:24	
29	Wed	**6:33**	7.2	**6:44**	8.2	**12:19**	1.5	**12:23**	2.1	6:02	7:22	
30	Thu	**7:33**	7.1	**7:44**	8.2	**1:20**	1.6	**1:21**	2.1	6:03	7:21	
31	Fri	**8:31**	7.2	**8:40**	8.5	**2:21**	1.4	**2:21**	2.0	6:04	7:19	