

































Cape Porpoise, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:48	9.1	7:24	8.1	12:27	0.6	1:14	0.4	7:14	4:16	
2	Mon	7:44	9.1	8:23	8.0	1:26	0.9	2:14	0.2	7:14	4:17	
3	Tue	8:35	9.2	9:16	8.0	2:21	1.0	3:07	0.1	7:14	4:18	
4	Wed	9:22	9.2	10:04	8.0	3:10	1.1	3:55	0.0	7:14	4:19	
5	Thu	10:06	9.2	10:47	8.0	3:55	1.1	4:38	-0.1	7:14	4:20	
6	Fri	10:48	9.2	11:28	8.0	4:37	1.1	5:18	0.0	7:14	4:21	
7	Sat	11:27	9.2			5:16	1.1	5:55	0.0	7:13	4:22	
8	Sun	12:05	8.0	12:04	9.2	5:53	1.1	6:31	0.1	7:13	4:23	
9	Mon	12:41	8.0	12:40	9.1	6:29	1.1	7:05	0.2	7:13	4:24	
10	Tue	1:17	8.0	1:16	8.9	7:06	1.2	7:39	0.3	7:13	4:25	
11	Wed	1:52	8.0	1:53	8.7	7:44	1.2	8:15	0.4	7:12	4:26	
12	Thu	2:29	8.0	2:33	8.4	8:26	1.2	8:53	0.6	7:12	4:27	
13	Fri	3:08	8.1	3:18	8.1	9:12	1.2	9:34	0.7	7:12	4:28	
14	Sat	3:50	8.2	4:08	7.9	10:01	1.2	10:19	0.9	7:11	4:29	
15	Sun	4:36	8.3	5:02	7.7	10:54	1.1	11:09	1.0	7:11	4:31	
16	Mon	5:26	8.6	6:02	7.6	11:52	0.8			7:10	4:32	
17	Tue	6:22	8.9	7:06	7.6	12:04	1.1	12:55	0.5	7:10	4:33	
18	Wed	7:21	9.3	8:09	7.9	1:03	1.0	1:57	0.0	7:09	4:34	
19	Thu	8:21	9.7	9:08	8.3	2:04	0.7	2:56	-0.5	7:08	4:36	
20	Fri	9:18	10.2	10:04	8.7	3:02	0.3	3:52	-1.0	7:08	4:37	
21	Sat	10:14	10.7	10:59	9.1	3:58	-0.1	4:46	-1.4	7:07	4:38	
22	Sun	11:09	10.9	11:52	9.4	4:53	-0.5	5:38	-1.7	7:06	4:39	
23	Mon			12:03	11.0	5:48	-0.7	6:29	-1.7	7:05	4:41	
24	Tue	12:43	9.6	12:56	10.8	6:42	-0.8	7:20	-1.6	7:05	4:42	
25	Wed	1:34	9.7	1:50	10.3	7:37	-0.7	8:10	-1.2	7:04	4:43	
26	Thu	2:27	9.6	2:46	9.7	8:34	-0.5	9:03	-0.7	7:03	4:45	
27	Fri	3:21	9.5	3:45	9.0	9:33	-0.2	9:57	-0.1	7:02	4:46	
28	Sat	4:16	9.2	4:47	8.4	10:35	0.2	10:53	0.6	7:01	4:47	
29	Sun	5:13	9.0	5:51	7.9	11:39	0.4	11:52	1.1	7:00	4:49	
30	Mon	6:12	8.7	6:56	7.6			12:45	0.6	6:59	4:50	
31	Tue	7:12	8.6	7:59	7.5	12:54	1.4	1:49	0.6	6:58	4:51	