


































Cape Porpoise, ME - Jan 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 11:54 | 9.8 | | | 5:41 | 0.7 | 6:22 | -0.5 | 7:14 | 4:16 |  |
| 2 | Thu | 12:34 | 8.4 | 12:36 | 9.9 | 6:24 | 0.5 | 7:03 | -0.6 | 7:14 | 4:17 |  |
| 3 | Fri | 1:16 | 8.6 | 1:21 | 9.8 | 7:10 | 0.4 | 7:46 | -0.7 | 7:14 | 4:18 |  |
| 4 | Sat | 2:00 | 8.8 | 2:09 | 9.6 | 7:59 | 0.3 | 8:32 | -0.6 | 7:14 | 4:19 |  |
| 5 | Sun | 2:48 | 9.0 | 3:02 | 9.3 | 8:53 | 0.2 | 9:22 | -0.4 | 7:14 | 4:20 |  |
| 6 | Mon | 3:39 | 9.1 | 4:00 | 8.9 | 9:51 | 0.2 | 10:14 | -0.1 | 7:13 | 4:21 |  |
| 7 | Tue | 4:34 | 9.3 | 5:02 | 8.5 | 10:52 | 0.2 | 11:10 | 0.3 | 7:13 | 4:22 |  |
| 8 | Wed | 5:31 | 9.4 | 6:09 | 8.2 | 11:57 | 0.1 | | | 7:13 | 4:23 |  |
| 9 | Thu | 6:32 | 9.5 | 7:18 | 8.1 | 12:11 | 0.5 | 1:05 | 0.0 | 7:13 | 4:24 |  |
| 10 | Fri | 7:35 | 9.6 | 8:23 | 8.2 | 1:15 | 0.7 | 2:11 | -0.3 | 7:12 | 4:25 |  |
| 11 | Sat | 8:35 | 9.8 | 9:23 | 8.3 | 2:18 | 0.7 | 3:11 | -0.5 | 7:12 | 4:27 |  |
| 12 | Sun | 9:32 | 9.9 | 10:18 | 8.5 | 3:16 | 0.5 | 4:06 | -0.7 | 7:12 | 4:28 |  |
| 13 | Mon | 10:25 | 10.0 | 11:09 | 8.6 | 4:10 | 0.4 | 4:57 | -0.8 | 7:11 | 4:29 |  |
| 14 | Tue | 11:15 | 10.0 | 11:56 | 8.6 | 5:01 | 0.3 | 5:45 | -0.8 | 7:11 | 4:30 |  |
| 15 | Wed | | | 12:02 | 9.9 | 5:49 | 0.3 | 6:29 | -0.6 | 7:10 | 4:31 |  |
| 16 | Thu | 12:40 | 8.6 | 12:46 | 9.6 | 6:35 | 0.4 | 7:10 | -0.4 | 7:10 | 4:32 |  |
| 17 | Fri | 1:22 | 8.6 | 1:29 | 9.2 | 7:19 | 0.6 | 7:51 | -0.1 | 7:09 | 4:34 |  |
| 18 | Sat | 2:04 | 8.5 | 2:13 | 8.7 | 8:04 | 0.8 | 8:31 | 0.3 | 7:09 | 4:35 |  |
| 19 | Sun | 2:45 | 8.3 | 2:59 | 8.2 | 8:51 | 1.0 | 9:12 | 0.7 | 7:08 | 4:36 |  |
| 20 | Mon | 3:29 | 8.2 | 3:48 | 7.8 | 9:40 | 1.2 | 9:55 | 1.1 | 7:07 | 4:37 |  |
| 21 | Tue | 4:14 | 8.1 | 4:40 | 7.3 | 10:31 | 1.3 | 10:41 | 1.5 | 7:07 | 4:39 |  |
| 22 | Wed | 5:01 | 8.0 | 5:37 | 7.0 | 11:26 | 1.4 | 11:31 | 1.8 | 7:06 | 4:40 |  |
| 23 | Thu | 5:53 | 8.0 | 6:37 | 6.9 | | | 12:25 | 1.4 | 7:05 | 4:41 |  |
| 24 | Fri | 6:48 | 8.0 | 7:38 | 6.9 | 12:26 | 2.0 | 1:26 | 1.3 | 7:04 | 4:43 |  |
| 25 | Sat | 7:44 | 8.3 | 8:32 | 7.1 | 1:24 | 1.9 | 2:21 | 1.0 | 7:03 | 4:44 |  |
| 26 | Sun | 8:35 | 8.6 | 9:20 | 7.4 | 2:18 | 1.7 | 3:09 | 0.6 | 7:02 | 4:45 |  |
| 27 | Mon | 9:22 | 9.1 | 10:05 | 7.8 | 3:06 | 1.3 | 3:53 | 0.1 | 7:02 | 4:47 |  |
| 28 | Tue | 10:07 | 9.5 | 10:47 | 8.2 | 3:51 | 0.9 | 4:35 | -0.3 | 7:01 | 4:48 |  |
| 29 | Wed | 10:50 | 9.9 | 11:28 | 8.6 | 4:36 | 0.5 | 5:16 | -0.7 | 7:00 | 4:49 |  |
| 30 | Thu | 11:34 | 10.1 | | | 5:20 | 0.0 | 5:57 | -1.0 | 6:59 | 4:51 |  |
| 31 | Fri | 12:09 | 9.0 | 12:18 | 10.2 | 6:06 | -0.3 | 6:39 | -1.1 | 6:57 | 4:52 |  |