
































## Cape Porpoise, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:27	7.7	5:47	8.4	11:27	1.5			5:32	8:03	
2	Sat	6:21	7.4	6:37	8.3	12:12	1.5	12:15	1.8	5:33	8:02	
3	Sun	7:19	7.1	7:31	8.3	1:09	1.5	1:09	2.1	5:34	8:01	
4	Mon	8:19	7.1	8:27	8.4	2:09	1.5	2:06	2.1	5:35	8:00	
5	Tue	9:15	7.2	9:19	8.6	3:06	1.3	3:01	2.0	5:36	7:58	
6	Wed	10:05	7.4	10:07	9.0	3:56	1.0	3:50	1.7	5:37	7:57	
7	Thu	10:50	7.7	10:52	9.3	4:40	0.7	4:36	1.4	5:38	7:56	
8	Fri	11:32	8.1	11:35	9.6	5:22	0.3	5:19	1.0	5:39	7:54	
9	Sat			12:13	8.5	6:01	-0.1	6:03	0.7	5:40	7:53	
10	Sun	12:17	9.9	12:52	8.9	6:40	-0.4	6:47	0.3	5:41	7:52	
11	Mon	1:00	10.0	1:32	9.3	7:19	-0.6	7:32	0.0	5:43	7:50	
12	Tue	1:43	10.0	2:13	9.6	8:00	-0.6	8:19	-0.2	5:44	7:49	
13	Wed	2:29	9.8	2:56	9.8	8:43	-0.5	9:09	-0.3	5:45	7:47	
14	Thu	3:18	9.5	3:44	9.9	9:29	-0.3	10:03	-0.2	5:46	7:46	
15	Fri	4:13	9.1	4:36	9.9	10:19	0.1	11:01	-0.1	5:47	7:44	
16	Sat	5:12	8.7	5:33	9.7	11:14	0.5			5:48	7:43	
17	Sun	6:16	8.3	6:36	9.6	12:03	0.1	12:14	0.8	5:49	7:41	
18	Mon	7:25	8.0	7:43	9.5	1:11	0.2	1:20	1.0	5:50	7:40	
19	Tue	8:35	8.0	8:50	9.6	2:21	0.2	2:29	1.1	5:51	7:38	
20	Wed	9:39	8.2	9:52	9.8	3:27	0.1	3:33	0.9	5:53	7:37	
21	Thu	10:35	8.4	10:47	9.9	4:25	-0.1	4:31	0.7	5:54	7:35	
22	Fri	11:26	8.7	11:38	9.9	5:16	-0.3	5:23	0.5	5:55	7:33	
23	Sat			12:13	8.9	6:03	-0.4	6:11	0.3	5:56	7:32	
24	Sun	12:24	9.8	12:55	9.0	6:45	-0.3	6:56	0.3	5:57	7:30	
25	Mon	1:08	9.6	1:34	9.1	7:24	-0.1	7:39	0.3	5:58	7:28	
26	Tue	1:49	9.3	2:12	9.0	8:01	0.2	8:20	0.5	5:59	7:27	
27	Wed	2:30	8.9	2:49	8.9	8:37	0.6	9:02	0.7	6:00	7:25	
28	Thu	3:11	8.4	3:27	8.7	9:15	1.0	9:46	0.9	6:01	7:23	
29	Fri	3:56	8.0	4:10	8.5	9:55	1.4	10:33	1.2	6:02	7:22	
30	Sat	4:45	7.6	4:56	8.3	10:40	1.8	11:24	1.4	6:04	7:20	
31	Sun	5:38	7.2	5:48	8.1	11:29	2.1			6:05	7:18	