

































Cape Porpoise, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:38	10.2	9:25	8.7	2:20	0.3	3:12	-0.9	7:14	4:16	
2	Fri	9:35	10.5	10:22	8.9	3:19	0.1	4:09	-1.2	7:14	4:17	
3	Sat	10:32	10.7	11:17	9.1	4:15	-0.1	5:04	-1.4	7:14	4:18	
4	Sun	11:26	10.7			5:10	-0.2	5:56	-1.4	7:14	4:19	
5	Mon	12:10	9.2	12:19	10.6	6:04	-0.3	6:47	-1.3	7:14	4:20	
6	Tue	1:00	9.2	1:11	10.2	6:57	-0.1	7:36	-1.0	7:13	4:21	
7	Wed	1:51	9.1	2:03	9.7	7:50	0.1	8:25	-0.5	7:13	4:22	
8	Thu	2:41	9.0	2:56	9.1	8:45	0.4	9:15	0.0	7:13	4:23	
9	Fri	3:32	8.8	3:52	8.5	9:42	0.7	10:05	0.5	7:13	4:24	
10	Sat	4:24	8.6	4:49	7.9	10:40	0.9	10:56	1.0	7:13	4:25	
11	Sun	5:16	8.4	5:48	7.5	11:40	1.1	11:49	1.4	7:12	4:26	
12	Mon	6:09	8.3	6:49	7.2			12:41	1.1	7:12	4:27	
13	Tue	7:04	8.3	7:48	7.2	12:46	1.7	1:41	1.0	7:11	4:29	
14	Wed	7:57	8.4	8:41	7.3	1:42	1.8	2:34	0.8	7:11	4:30	
15	Thu	8:46	8.6	9:29	7.5	2:33	1.7	3:21	0.6	7:10	4:31	
16	Fri	9:31	8.8	10:12	7.7	3:18	1.5	4:03	0.4	7:10	4:32	
17	Sat	10:12	9.0	10:52	7.8	3:59	1.3	4:42	0.2	7:09	4:33	
18	Sun	10:51	9.2	11:30	8.0	4:38	1.1	5:18	0.0	7:09	4:35	
19	Mon	11:29	9.4			5:16	0.9	5:53	-0.2	7:08	4:36	
20	Tue	12:05	8.2	12:05	9.5	5:54	0.7	6:27	-0.3	7:07	4:37	
21	Wed	12:39	8.5	12:42	9.5	6:32	0.5	7:02	-0.4	7:07	4:38	
22	Thu	1:14	8.7	1:21	9.4	7:13	0.3	7:40	-0.4	7:06	4:40	
23	Fri	1:52	8.9	2:04	9.1	7:57	0.2	8:21	-0.2	7:05	4:41	
24	Sat	2:33	9.1	2:53	8.8	8:46	0.2	9:06	0.0	7:04	4:42	
25	Sun	3:20	9.2	3:47	8.4	9:40	0.2	9:56	0.3	7:04	4:44	
26	Mon	4:12	9.2	4:47	8.1	10:38	0.2	10:51	0.6	7:03	4:45	
27	Tue	5:10	9.2	5:54	7.8	11:42	0.2	11:53	0.8	7:02	4:46	
28	Wed	6:14	9.3	7:06	7.8			12:52	0.1	7:01	4:48	
29	Thu	7:23	9.5	8:15	8.0	1:01	0.8	2:01	-0.2	7:00	4:49	
30	Fri	8:28	9.8	9:17	8.3	2:09	0.6	3:04	-0.6	6:59	4:50	
31	Sat	9:29	10.1	10:13	8.7	3:11	0.3	4:01	-0.9	6:58	4:52	