



Cape Porpoise, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:41	10.3	11:19	9.1	4:27	0.0	5:06	-1.1	7:14	4:16	☀
2	Sun	11:27	10.5			5:14	-0.3	5:51	-1.3	7:14	4:17	☀
3	Mon	12:05	9.4	12:15	10.6	6:02	-0.5	6:38	-1.5	7:14	4:18	☀
4	Tue	12:52	9.6	1:04	10.6	6:52	-0.6	7:26	-1.4	7:14	4:19	☀
5	Wed	1:41	9.7	1:56	10.3	7:44	-0.6	8:16	-1.2	7:14	4:20	☀
6	Thu	2:33	9.7	2:52	9.9	8:40	-0.5	9:10	-0.9	7:13	4:21	☀
7	Fri	3:30	9.7	3:53	9.4	9:41	-0.3	10:07	-0.5	7:13	4:22	☀
8	Sat	4:29	9.6	4:57	8.9	10:44	-0.1	11:07	-0.1	7:13	4:23	☀
9	Sun	5:30	9.5	6:05	8.6	11:51	0.0			7:13	4:24	☀
10	Mon	6:33	9.5	7:12	8.4	12:10	0.2	1:00	0.0	7:12	4:25	☀
11	Tue	7:36	9.5	8:16	8.4	1:15	0.4	2:05	-0.2	7:12	4:27	☀
12	Wed	8:34	9.6	9:13	8.5	2:16	0.4	3:03	-0.4	7:12	4:28	☀
13	Thu	9:26	9.7	10:04	8.6	3:11	0.4	3:54	-0.6	7:11	4:29	☀
14	Fri	10:15	9.8	10:51	8.7	4:01	0.3	4:41	-0.6	7:11	4:30	☀
15	Sat	11:00	9.8	11:34	8.7	4:47	0.3	5:24	-0.6	7:10	4:31	☀
16	Sun	11:41	9.6			5:30	0.3	6:04	-0.5	7:10	4:32	☀
17	Mon	12:14	8.7	12:21	9.5	6:10	0.4	6:40	-0.3	7:09	4:34	☀
18	Tue	12:52	8.7	12:59	9.2	6:49	0.5	7:16	-0.1	7:09	4:35	☀
19	Wed	1:29	8.6	1:37	8.9	7:28	0.6	7:52	0.1	7:08	4:36	☀
20	Thu	2:06	8.5	2:16	8.5	8:08	0.8	8:30	0.4	7:07	4:37	☀
21	Fri	2:45	8.4	3:00	8.2	8:51	1.0	9:10	0.7	7:07	4:39	☀
22	Sat	3:28	8.3	3:47	7.8	9:38	1.1	9:54	1.0	7:06	4:40	☀
23	Sun	4:13	8.2	4:38	7.6	10:28	1.2	10:41	1.2	7:05	4:41	☀
24	Mon	5:02	8.2	5:33	7.4	11:21	1.2	11:33	1.3	7:04	4:43	☀
25	Tue	5:54	8.3	6:32	7.4			12:19	1.1	7:03	4:44	☀
26	Wed	6:50	8.5	7:32	7.6	12:29	1.3	1:19	0.8	7:02	4:45	☀
27	Thu	7:46	8.9	8:27	7.9	1:27	1.1	2:15	0.3	7:01	4:47	☀
28	Fri	8:39	9.5	9:18	8.4	2:22	0.7	3:06	-0.3	7:00	4:48	☀
29	Sat	9:29	10.0	10:07	9.0	3:14	0.2	3:54	-0.8	6:59	4:49	☀
30	Sun	10:19	10.4	10:55	9.5	4:04	-0.4	4:42	-1.3	6:58	4:51	☀
31	Mon	11:08	10.8	11:43	9.9	4:54	-0.8	5:30	-1.7	6:57	4:52	☀