

































Cape Porpoise, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:55	9.4	3:33	8.8	9:17	0.0	9:32	1.0	5:05	8:26	
2	Sat	3:41	9.0	4:19	8.6	10:00	0.4	10:21	1.2	5:06	8:25	
3	Sun	4:29	8.6	5:05	8.6	10:44	0.7	11:12	1.4	5:06	8:25	
4	Mon	5:19	8.2	5:52	8.5	11:30	1.0			5:07	8:25	
5	Tue	6:11	7.9	6:40	8.5	12:04	1.5	12:17	1.3	5:07	8:25	
6	Wed	7:06	7.7	7:30	8.6	12:58	1.5	1:06	1.4	5:08	8:24	
7	Thu	8:02	7.6	8:21	8.7	1:54	1.4	1:58	1.5	5:09	8:24	
8	Fri	8:57	7.7	9:09	9.0	2:48	1.1	2:49	1.4	5:09	8:23	
9	Sat	9:47	7.9	9:55	9.3	3:37	0.8	3:37	1.2	5:10	8:23	
10	Sun	10:33	8.1	10:39	9.6	4:23	0.4	4:23	1.0	5:11	8:23	
11	Mon	11:18	8.4	11:24	10.0	5:06	0.0	5:09	0.7	5:12	8:22	
12	Tue			12:03	8.8	5:50	-0.4	5:54	0.4	5:13	8:21	
13	Wed	12:09	10.2	12:47	9.1	6:33	-0.7	6:41	0.1	5:13	8:21	
14	Thu	12:54	10.4	1:32	9.4	7:18	-1.0	7:30	-0.1	5:14	8:20	
15	Fri	1:41	10.5	2:18	9.7	8:03	-1.1	8:20	-0.3	5:15	8:20	
16	Sat	2:31	10.4	3:07	9.8	8:51	-1.0	9:13	-0.3	5:16	8:19	
17	Sun	3:23	10.1	3:59	9.9	9:41	-0.9	10:09	-0.2	5:17	8:18	
18	Mon	4:20	9.7	4:55	9.9	10:35	-0.6	11:10	-0.1	5:18	8:17	
19	Tue	5:21	9.3	5:53	9.9	11:31	-0.2			5:19	8:17	
20	Wed	6:24	9.0	6:53	9.9	12:12	0.0	12:30	0.1	5:20	8:16	
21	Thu	7:30	8.7	7:56	9.9	1:18	0.0	1:33	0.4	5:21	8:15	
22	Fri	8:37	8.6	8:57	9.9	2:25	-0.1	2:36	0.5	5:22	8:14	
23	Sat	9:38	8.7	9:54	10.0	3:28	-0.2	3:37	0.5	5:23	8:13	
24	Sun	10:34	8.8	10:47	10.1	4:24	-0.4	4:31	0.4	5:24	8:12	
25	Mon	11:25	8.9	11:36	10.1	5:15	-0.5	5:22	0.4	5:25	8:11	
26	Tue			12:13	8.9	6:02	-0.5	6:09	0.4	5:26	8:10	
27	Wed	12:22	10.0	12:57	9.0	6:46	-0.4	6:54	0.4	5:27	8:09	
28	Thu	1:05	9.8	1:38	9.0	7:26	-0.3	7:36	0.5	5:28	8:08	
29	Fri	1:46	9.5	2:17	8.9	8:05	-0.1	8:17	0.7	5:29	8:07	
30	Sat	2:26	9.2	2:56	8.8	8:42	0.2	8:59	0.8	5:30	8:06	
31	Sun	3:07	8.9	3:36	8.7	9:20	0.5	9:42	1.0	5:31	8:05	