





























Cape Porpoise, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:25	8.6	2:55	7.8	8:44	0.7	8:53	1.3	6:17	5:30	
2	Mon	3:05	8.3	3:42	7.4	9:29	1.0	9:37	1.6	6:15	5:31	
3	Tue	3:51	8.1	4:35	7.0	10:20	1.2	10:26	2.0	6:14	5:32	
4	Wed	4:43	7.9	5:34	6.8	11:16	1.4	11:22	2.1	6:12	5:34	
5	Thu	5:42	7.8	6:38	6.8			12:19	1.5	6:10	5:35	
6	Fri	6:45	8.0	7:39	7.0	12:23	2.1	1:23	1.2	6:09	5:36	
7	Sat	7:45	8.4	8:32	7.5	1:26	1.8	2:19	0.8	6:07	5:37	
8	Sun	9:38	8.9	10:18	8.0	3:22	1.3	4:06	0.3	7:05	6:39	
9	Mon	10:27	9.4	11:01	8.7	4:12	0.7	4:49	-0.2	7:03	6:40	
10	Tue	11:12	9.8	11:42	9.3	4:59	0.1	5:31	-0.7	7:02	6:41	
11	Wed	11:58	10.1			5:45	-0.5	6:13	-1.0	7:00	6:42	
12	Thu	12:24	9.9	12:44	10.3	6:32	-1.0	6:55	-1.1	6:58	6:44	
13	Fri	1:06	10.3	1:31	10.2	7:19	-1.3	7:39	-1.1	6:56	6:45	
14	Sat	1:50	10.5	2:19	9.9	8:08	-1.4	8:25	-0.8	6:55	6:46	
15	Sun	2:36	10.4	3:11	9.4	8:59	-1.2	9:14	-0.3	6:53	6:47	
16	Mon	3:27	10.2	4:09	8.8	9:55	-0.8	10:09	0.3	6:51	6:48	
17	Tue	4:24	9.7	5:13	8.3	10:56	-0.4	11:10	0.8	6:49	6:50	
18	Wed	5:29	9.3	6:23	7.9			12:04	0.1	6:48	6:51	
19	Thu	6:39	8.9	7:36	7.7	12:18	1.2	1:17	0.4	6:46	6:52	
20	Fri	7:53	8.8	8:46	7.9	1:32	1.4	2:30	0.4	6:44	6:53	
21	Sat	9:02	8.9	9:45	8.2	2:45	1.2	3:32	0.3	6:42	6:54	
22	Sun	10:00	9.1	10:35	8.5	3:47	0.9	4:25	0.1	6:40	6:56	
23	Mon	10:50	9.2	11:19	8.8	4:39	0.6	5:10	0.0	6:39	6:57	
24	Tue	11:35	9.2	11:58	9.0	5:25	0.3	5:49	0.0	6:37	6:58	
25	Wed			12:16	9.1	6:07	0.1	6:25	0.1	6:35	6:59	
26	Thu	12:34	9.1	12:54	9.0	6:45	0.0	6:59	0.3	6:33	7:00	
27	Fri	1:07	9.2	1:31	8.7	7:21	0.0	7:30	0.6	6:31	7:02	
28	Sat	1:39	9.1	2:07	8.4	7:56	0.1	8:03	0.9	6:30	7:03	
29	Sun	2:11	9.0	2:43	8.1	8:32	0.3	8:37	1.2	6:28	7:04	
30	Mon	2:45	8.8	3:23	7.8	9:10	0.5	9:16	1.5	6:26	7:05	
31	Tue	3:24	8.5	4:07	7.4	9:52	0.8	9:59	1.8	6:24	7:06	