

































Cape Porpoise, ME - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:20	8.1	8:37	9.9	2:08	0.1	2:15	0.8	5:31	8:04	
2	Sun	9:26	8.3	9:39	10.1	3:14	-0.1	3:20	0.7	5:32	8:03	
3	Mon	10:27	8.5	10:38	10.3	4:15	-0.4	4:20	0.6	5:34	8:01	
4	Tue	11:23	8.7	11:33	10.4	5:11	-0.6	5:16	0.4	5:35	8:00	
5	Wed			12:15	8.9	6:04	-0.7	6:10	0.2	5:36	7:59	
6	Thu	12:25	10.3	1:04	9.1	6:52	-0.7	7:00	0.2	5:37	7:58	
7	Fri	1:14	10.1	1:49	9.1	7:37	-0.6	7:49	0.3	5:38	7:56	
8	Sat	2:01	9.8	2:32	9.1	8:20	-0.3	8:36	0.4	5:39	7:55	
9	Sun	2:46	9.3	3:15	9.0	9:01	0.1	9:24	0.6	5:40	7:54	
10	Mon	3:33	8.8	3:59	8.8	9:43	0.6	10:13	0.9	5:41	7:52	
11	Tue	4:22	8.2	4:44	8.6	10:27	1.1	11:04	1.2	5:42	7:51	
12	Wed	5:14	7.8	5:32	8.4	11:13	1.5	11:57	1.4	5:43	7:49	
13	Thu	6:08	7.4	6:22	8.3			12:02	1.9	5:44	7:48	
14	Fri	7:06	7.1	7:18	8.2	12:55	1.5	12:56	2.1	5:46	7:46	
15	Sat	8:07	7.1	8:15	8.3	1:56	1.5	1:54	2.2	5:47	7:45	
16	Sun	9:04	7.2	9:10	8.5	2:55	1.4	2:51	2.0	5:48	7:43	
17	Mon	9:54	7.4	9:58	8.9	3:46	1.1	3:42	1.8	5:49	7:42	
18	Tue	10:40	7.7	10:43	9.2	4:30	0.7	4:27	1.4	5:50	7:40	
19	Wed	11:21	8.1	11:25	9.5	5:11	0.4	5:10	1.0	5:51	7:39	
20	Thu			12:00	8.5	5:49	0.0	5:52	0.6	5:52	7:37	
21	Fri	12:06	9.8	12:38	8.9	6:27	-0.3	6:35	0.3	5:53	7:35	
22	Sat	12:47	9.9	1:16	9.3	7:04	-0.5	7:18	0.0	5:54	7:34	
23	Sun	1:29	9.9	1:55	9.6	7:44	-0.5	8:03	-0.3	5:55	7:32	
24	Mon	2:13	9.8	2:37	9.8	8:25	-0.4	8:51	-0.3	5:57	7:31	
25	Tue	3:01	9.5	3:23	9.9	9:10	-0.2	9:43	-0.3	5:58	7:29	
26	Wed	3:53	9.1	4:14	9.9	9:59	0.1	10:40	-0.1	5:59	7:27	
27	Thu	4:51	8.6	5:11	9.7	10:54	0.5	11:41	0.1	6:00	7:26	
28	Fri	5:55	8.3	6:14	9.5	11:53	0.9			6:01	7:24	
29	Sat	7:04	8.0	7:22	9.4	12:48	0.3	12:59	1.1	6:02	7:22	
30	Sun	8:15	8.0	8:31	9.5	2:00	0.3	2:09	1.1	6:03	7:20	
31	Mon	9:20	8.2	9:35	9.7	3:08	0.1	3:16	0.9	6:04	7:19	