

































Cape Porpoise, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:04	8.6	6:57	7.5			12:42	0.6	6:17	5:30	
2	Fri	7:13	8.5	8:01	7.6	12:54	1.5	1:49	0.7	6:15	5:32	
3	Sat	8:14	8.6	8:55	7.8	2:00	1.4	2:46	0.5	6:13	5:33	
4	Sun	9:07	8.7	9:41	8.1	2:55	1.2	3:34	0.4	6:12	5:34	
5	Mon	9:52	8.9	10:22	8.3	3:42	0.9	4:14	0.3	6:10	5:35	
6	Tue	10:33	9.0	10:58	8.6	4:24	0.7	4:50	0.2	6:08	5:37	
7	Wed	11:10	9.0	11:32	8.7	5:02	0.5	5:23	0.2	6:06	5:38	
8	Thu	11:45	8.9			5:36	0.3	5:53	0.3	6:05	5:39	
9	Fri	12:03	8.9	12:19	8.8	6:10	0.2	6:22	0.4	6:03	5:40	
10	Sat	12:32	8.9	12:52	8.5	6:43	0.2	6:53	0.6	6:01	5:41	
11	Sun	1:02	8.9	2:27	8.3	8:17	0.3	8:26	0.8	6:59	6:43	
12	Mon	2:35	8.9	3:04	8.0	8:55	0.4	9:03	1.0	6:58	6:44	
13	Tue	3:11	8.8	3:46	7.7	9:37	0.5	9:45	1.2	6:56	6:45	
14	Wed	3:55	8.7	4:35	7.5	10:25	0.7	10:34	1.4	6:54	6:46	
15	Thu	4:46	8.6	5:32	7.3	11:20	0.8	11:30	1.5	6:52	6:48	
16	Fri	5:45	8.6	6:36	7.3			12:21	0.8	6:51	6:49	
17	Sat	6:51	8.7	7:43	7.6	12:32	1.4	1:27	0.6	6:49	6:50	
18	Sun	8:00	9.0	8:47	8.2	1:40	1.1	2:32	0.2	6:47	6:51	
19	Mon	9:04	9.5	9:43	8.9	2:47	0.6	3:30	-0.3	6:45	6:52	
20	Tue	10:03	10.0	10:35	9.7	3:48	-0.1	4:23	-0.9	6:44	6:54	
21	Wed	10:57	10.4	11:24	10.3	4:43	-0.9	5:12	-1.2	6:42	6:55	
22	Thu	11:50	10.5			5:36	-1.4	6:00	-1.4	6:40	6:56	
23	Fri	12:12	10.8	12:42	10.5	6:28	-1.8	6:48	-1.3	6:38	6:57	
24	Sat	1:00	10.9	1:33	10.2	7:19	-1.8	7:36	-1.0	6:36	6:58	
25	Sun	1:48	10.8	2:24	9.8	8:10	-1.6	8:25	-0.5	6:35	7:00	
26	Mon	2:37	10.5	3:18	9.2	9:03	-1.2	9:16	0.1	6:33	7:01	
27	Tue	3:29	9.9	4:16	8.6	9:59	-0.6	10:12	0.7	6:31	7:02	
28	Wed	4:27	9.3	5:18	8.0	11:00	0.1	11:13	1.2	6:29	7:03	
29	Thu	5:30	8.8	6:22	7.7			12:04	0.6	6:27	7:04	
30	Fri	6:36	8.4	7:27	7.5	12:19	1.6	1:11	0.9	6:26	7:05	
31	Sat	7:43	8.3	8:29	7.7	1:28	1.7	2:16	1.0	6:24	7:07	