

































## Cape Porpoise, ME - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:52	9.5	7:29	8.6	12:33	0.2	1:18	-0.2	7:14	4:16	
2	Tue	7:51	10.0	8:32	8.9	1:33	0.1	2:20	-0.7	7:14	4:17	
3	Wed	8:48	10.4	9:31	9.1	2:32	-0.1	3:18	-1.2	7:14	4:18	
4	Thu	9:43	10.7	10:27	9.3	3:28	-0.3	4:13	-1.5	7:14	4:19	
5	Fri	10:37	10.9	11:21	9.4	4:22	-0.4	5:07	-1.7	7:13	4:20	
6	Sat	11:31	10.9			5:16	-0.5	6:00	-1.6	7:13	4:21	
7	Sun	12:14	9.4	12:24	10.7	6:10	-0.4	6:51	-1.4	7:13	4:22	
8	Mon	1:05	9.3	1:15	10.3	7:02	-0.2	7:41	-1.1	7:13	4:23	
9	Tue	1:57	9.1	2:08	9.8	7:55	0.1	8:32	-0.6	7:13	4:24	
10	Wed	2:49	8.9	3:03	9.2	8:51	0.4	9:24	-0.1	7:12	4:26	
11	Thu	3:43	8.7	3:59	8.6	9:49	0.7	10:16	0.4	7:12	4:27	
12	Fri	4:36	8.5	4:57	8.1	10:48	1.0	11:09	0.9	7:12	4:28	
13	Sat	5:29	8.4	5:56	7.7	11:49	1.1			7:11	4:29	
14	Sun	6:23	8.3	6:57	7.5	12:03	1.2	12:50	1.1	7:11	4:30	
15	Mon	7:17	8.4	7:54	7.5	12:59	1.4	1:48	1.0	7:10	4:31	
16	Tue	8:08	8.5	8:46	7.6	1:53	1.5	2:39	0.7	7:10	4:33	
17	Wed	8:54	8.7	9:32	7.7	2:41	1.4	3:25	0.5	7:09	4:34	
18	Thu	9:37	8.9	10:15	7.9	3:24	1.3	4:06	0.2	7:08	4:35	
19	Fri	10:17	9.1	10:55	8.1	4:04	1.1	4:45	0.0	7:08	4:36	
20	Sat	10:56	9.3	11:33	8.2	4:43	0.9	5:21	-0.2	7:07	4:38	
21	Sun	11:33	9.4			5:20	0.7	5:56	-0.3	7:06	4:39	
22	Mon	12:09	8.3	12:10	9.5	5:58	0.6	6:32	-0.4	7:06	4:40	
23	Tue	12:44	8.5	12:48	9.6	6:37	0.4	7:09	-0.5	7:05	4:42	
24	Wed	1:21	8.6	1:28	9.5	7:19	0.3	7:49	-0.5	7:04	4:43	
25	Thu	2:01	8.8	2:12	9.3	8:04	0.2	8:32	-0.4	7:03	4:44	
26	Fri	2:45	8.9	3:02	9.0	8:54	0.2	9:19	-0.2	7:02	4:46	
27	Sat	3:33	9.1	3:57	8.7	9:48	0.2	10:11	0.0	7:01	4:47	
28	Sun	4:27	9.2	4:58	8.4	10:47	0.2	11:07	0.3	7:00	4:48	
29	Mon	5:25	9.3	6:04	8.2	11:51	0.1			6:59	4:50	
30	Tue	6:28	9.4	7:14	8.2	12:08	0.4	1:00	-0.1	6:58	4:51	
31	Wed	7:33	9.7	8:21	8.4	1:13	0.4	2:07	-0.4	6:57	4:52	