


































Cape Porpoise, ME - Mar 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 7:23 | 9.3 | 8:13 | 8.3 | 1:02 | 0.8 | 1:57 | -0.2 | 6:16 | 5:31 |  |
| 2 | Fri | 8:28 | 9.6 | 9:12 | 8.6 | 2:11 | 0.6 | 2:59 | -0.5 | 6:14 | 5:32 |  |
| 3 | Sat | 9:27 | 9.8 | 10:06 | 9.0 | 3:11 | 0.2 | 3:53 | -0.7 | 6:13 | 5:33 |  |
| 4 | Sun | 10:20 | 10.0 | 10:54 | 9.2 | 4:06 | -0.1 | 4:42 | -0.9 | 6:11 | 5:34 |  |
| 5 | Mon | 11:09 | 10.1 | 11:39 | 9.4 | 4:56 | -0.3 | 5:28 | -0.9 | 6:09 | 5:36 |  |
| 6 | Tue | 11:54 | 9.9 | | | 5:42 | -0.4 | 6:10 | -0.7 | 6:08 | 5:37 |  |
| 7 | Wed | 12:20 | 9.4 | 12:37 | 9.6 | 6:26 | -0.4 | 6:49 | -0.4 | 6:06 | 5:38 |  |
| 8 | Thu | 1:00 | 9.3 | 1:19 | 9.2 | 7:09 | -0.3 | 7:27 | 0.0 | 6:04 | 5:39 |  |
| 9 | Fri | 1:38 | 9.2 | 2:02 | 8.8 | 7:51 | 0.0 | 8:06 | 0.4 | 6:02 | 5:41 |  |
| 10 | Sat | 2:18 | 8.9 | 2:46 | 8.3 | 8:35 | 0.3 | 8:47 | 0.9 | 6:01 | 5:42 |  |
| 11 | Sun | 4:00 | 8.6 | 4:34 | 7.8 | 10:21 | 0.7 | 10:32 | 1.4 | 6:59 | 6:43 |  |
| 12 | Mon | 4:46 | 8.3 | 5:27 | 7.4 | 11:12 | 1.0 | 11:21 | 1.7 | 6:57 | 6:44 |  |
| 13 | Tue | 5:38 | 8.0 | 6:24 | 7.2 | | | 12:06 | 1.3 | 6:55 | 6:46 |  |
| 14 | Wed | 6:34 | 7.9 | 7:25 | 7.1 | 12:16 | 2.0 | 1:07 | 1.4 | 6:54 | 6:47 |  |
| 15 | Thu | 7:35 | 7.9 | 8:25 | 7.2 | 1:16 | 2.0 | 2:09 | 1.3 | 6:52 | 6:48 |  |
| 16 | Fri | 8:34 | 8.2 | 9:19 | 7.5 | 2:17 | 1.9 | 3:05 | 1.0 | 6:50 | 6:49 |  |
| 17 | Sat | 9:27 | 8.5 | 10:05 | 7.9 | 3:12 | 1.5 | 3:52 | 0.6 | 6:48 | 6:50 |  |
| 18 | Sun | 10:14 | 9.0 | 10:46 | 8.4 | 4:00 | 1.0 | 4:34 | 0.2 | 6:46 | 6:52 |  |
| 19 | Mon | 10:57 | 9.4 | 11:26 | 9.0 | 4:44 | 0.5 | 5:14 | -0.2 | 6:45 | 6:53 |  |
| 20 | Tue | 11:39 | 9.7 | | | 5:26 | -0.1 | 5:53 | -0.6 | 6:43 | 6:54 |  |
| 21 | Wed | 12:04 | 9.4 | 12:22 | 9.9 | 6:09 | -0.5 | 6:33 | -0.8 | 6:41 | 6:55 |  |
| 22 | Thu | 12:44 | 9.9 | 1:05 | 10.0 | 6:53 | -0.9 | 7:14 | -0.9 | 6:39 | 6:56 |  |
| 23 | Fri | 1:24 | 10.2 | 1:50 | 9.9 | 7:39 | -1.1 | 7:57 | -0.8 | 6:38 | 6:58 |  |
| 24 | Sat | 2:07 | 10.3 | 2:38 | 9.7 | 8:26 | -1.2 | 8:44 | -0.5 | 6:36 | 6:59 |  |
| 25 | Sun | 2:54 | 10.2 | 3:31 | 9.3 | 9:18 | -1.0 | 9:34 | -0.1 | 6:34 | 7:00 |  |
| 26 | Mon | 3:46 | 10.0 | 4:30 | 8.8 | 10:14 | -0.7 | 10:31 | 0.3 | 6:32 | 7:01 |  |
| 27 | Tue | 4:46 | 9.7 | 5:35 | 8.4 | 11:16 | -0.3 | 11:34 | 0.7 | 6:30 | 7:02 |  |
| 28 | Wed | 5:51 | 9.3 | 6:45 | 8.2 | | | 12:24 | 0.0 | 6:29 | 7:04 |  |
| 29 | Thu | 7:02 | 9.1 | 7:56 | 8.2 | 12:42 | 1.0 | 1:36 | 0.1 | 6:27 | 7:05 |  |
| 30 | Fri | 8:14 | 9.1 | 9:02 | 8.4 | 1:56 | 1.0 | 2:45 | 0.1 | 6:25 | 7:06 |  |
| 31 | Sat | 9:19 | 9.3 | 9:59 | 8.8 | 3:04 | 0.7 | 3:45 | -0.1 | 6:23 | 7:07 |  |