

































Cundys Harbor, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:25	10.5	9:12	8.9	2:04	0.3	2:56	-0.9	7:13	4:13	
2	Fri	9:22	10.9	10:09	9.2	3:03	0.1	3:53	-1.3	7:13	4:13	
3	Sat	10:19	11.0	11:04	9.4	3:59	-0.1	4:48	-1.5	7:13	4:14	
4	Sun	11:13	11.1	11:57	9.5	4:54	-0.2	5:40	-1.5	7:13	4:15	
5	Mon			12:06	10.9	5:48	-0.3	6:31	-1.3	7:13	4:16	
6	Tue	12:47	9.5	12:58	10.5	6:41	-0.1	7:20	-1.0	7:13	4:17	
7	Wed	1:38	9.4	1:50	10.0	7:34	0.1	8:09	-0.5	7:13	4:18	
8	Thu	2:28	9.2	2:43	9.4	8:29	0.4	8:59	0.0	7:12	4:19	
9	Fri	3:19	9.1	3:39	8.7	9:26	0.7	9:49	0.6	7:12	4:21	
10	Sat	4:11	8.9	4:36	8.2	10:24	0.9	10:40	1.1	7:12	4:22	
11	Sun	5:03	8.7	5:35	7.7	11:24	1.1	11:33	1.5	7:11	4:23	
12	Mon	5:56	8.6	6:36	7.5			12:25	1.2	7:11	4:24	
13	Tue	6:51	8.6	7:35	7.4	12:30	1.8	1:25	1.1	7:11	4:25	
14	Wed	7:44	8.7	8:28	7.5	1:26	1.8	2:18	0.9	7:10	4:26	
15	Thu	8:33	8.8	9:16	7.7	2:17	1.7	3:05	0.6	7:10	4:27	
16	Fri	9:18	9.1	9:59	7.9	3:02	1.5	3:47	0.4	7:09	4:29	
17	Sat	9:59	9.3	10:39	8.1	3:43	1.3	4:26	0.2	7:08	4:30	
18	Sun	10:38	9.5	11:17	8.3	4:22	1.1	5:02	0.0	7:08	4:31	
19	Mon	11:16	9.7	11:52	8.5	5:00	0.9	5:37	-0.2	7:07	4:32	
20	Tue	11:52	9.8			5:38	0.7	6:11	-0.3	7:07	4:34	
21	Wed	12:26	8.7	12:29	9.8	6:16	0.5	6:46	-0.4	7:06	4:35	
22	Thu	1:01	9.0	1:08	9.6	6:57	0.3	7:24	-0.4	7:05	4:36	
23	Fri	1:39	9.2	1:51	9.4	7:41	0.2	8:05	-0.2	7:04	4:38	
24	Sat	2:20	9.3	2:40	9.1	8:30	0.2	8:50	0.0	7:03	4:39	
25	Sun	3:07	9.5	3:34	8.7	9:24	0.2	9:40	0.3	7:03	4:40	
26	Mon	3:59	9.5	4:34	8.3	10:22	0.2	10:35	0.6	7:02	4:42	
27	Tue	4:57	9.5	5:41	8.1	11:26	0.2	11:37	0.8	7:01	4:43	
28	Wed	6:01	9.6	6:53	8.1			12:36	0.1	7:00	4:44	
29	Thu	7:10	9.8	8:02	8.3	12:45	0.9	1:45	-0.2	6:59	4:46	
30	Fri	8:15	10.1	9:04	8.6	1:53	0.7	2:48	-0.6	6:58	4:47	
31	Sat	9:16	10.4	10:00	9.0	2:55	0.3	3:45	-0.9	6:57	4:48	