

































Cundys Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:51	10.4	8:36	9.0	1:29	0.2	2:21	-0.8	7:13	4:13	
2	Wed	8:50	10.7	9:34	9.3	2:30	0.0	3:18	-1.1	7:13	4:13	
3	Thu	9:46	11.0	10:29	9.5	3:27	-0.2	4:13	-1.4	7:13	4:14	
4	Fri	10:40	11.1	11:21	9.7	4:22	-0.4	5:05	-1.5	7:13	4:15	
5	Sat	11:32	11.0			5:14	-0.4	5:54	-1.4	7:13	4:16	
6	Sun	12:11	9.7	12:22	10.7	6:05	-0.4	6:42	-1.2	7:13	4:17	
7	Mon	12:58	9.6	1:10	10.2	6:55	-0.2	7:28	-0.8	7:13	4:18	
8	Tue	1:46	9.5	1:59	9.7	7:46	0.1	8:14	-0.3	7:12	4:19	
9	Wed	2:34	9.2	2:50	9.0	8:38	0.5	9:01	0.3	7:12	4:21	
10	Thu	3:23	9.0	3:44	8.5	9:32	0.8	9:50	0.8	7:12	4:22	
11	Fri	4:13	8.8	4:39	8.0	10:28	1.0	10:40	1.2	7:11	4:23	
12	Sat	5:04	8.6	5:37	7.6	11:26	1.2	11:33	1.5	7:11	4:24	
13	Sun	5:58	8.5	6:37	7.5			12:26	1.2	7:11	4:25	
14	Mon	6:53	8.6	7:35	7.5	12:30	1.7	1:25	1.1	7:10	4:26	
15	Tue	7:46	8.7	8:27	7.7	1:26	1.7	2:17	0.8	7:10	4:28	
16	Wed	8:34	9.0	9:13	7.9	2:16	1.5	3:02	0.5	7:09	4:29	
17	Thu	9:18	9.3	9:56	8.2	3:00	1.3	3:43	0.2	7:08	4:30	
18	Fri	9:59	9.6	10:35	8.5	3:41	1.0	4:21	-0.1	7:08	4:31	
19	Sat	10:38	9.8	11:13	8.8	4:21	0.7	4:58	-0.4	7:07	4:33	
20	Sun	11:17	10.0	11:49	9.0	5:01	0.4	5:34	-0.6	7:06	4:34	
21	Mon	11:55	10.1			5:41	0.1	6:11	-0.7	7:06	4:35	
22	Tue	12:26	9.3	12:36	10.1	6:23	-0.1	6:50	-0.8	7:05	4:36	
23	Wed	1:05	9.6	1:18	9.9	7:07	-0.2	7:31	-0.7	7:04	4:38	
24	Thu	1:47	9.7	2:06	9.6	7:55	-0.3	8:17	-0.5	7:03	4:39	
25	Fri	2:34	9.8	2:59	9.2	8:47	-0.2	9:07	-0.2	7:02	4:40	
26	Sat	3:26	9.8	3:58	8.8	9:45	-0.1	10:02	0.1	7:02	4:42	
27	Sun	4:23	9.7	5:02	8.5	10:47	0.0	11:02	0.4	7:01	4:43	
28	Mon	5:26	9.7	6:12	8.3	11:55	0.0			7:00	4:44	
29	Tue	6:34	9.8	7:23	8.4	12:08	0.6	1:06	-0.1	6:59	4:46	
30	Wed	7:41	10.0	8:28	8.7	1:17	0.5	2:12	-0.4	6:58	4:47	
31	Thu	8:43	10.2	9:25	9.0	2:22	0.3	3:10	-0.8	6:57	4:48	