

Ellsworth and Union River, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:37	9.7	7:04	10.6	12:35	1.1	12:49	1.3	4:52	8:22	
2	Mon	7:37	9.3	7:57	10.5	1:35	1.1	1:45	1.7	4:53	8:22	
3	Tue	8:33	9.2	8:47	10.5	2:31	1.0	2:37	1.9	4:53	8:22	
4	Wed	9:24	9.1	9:33	10.5	3:22	0.9	3:24	2.0	4:54	8:21	
5	Thu	10:12	9.1	10:17	10.6	4:09	0.8	4:08	2.0	4:54	8:21	
6	Fri	10:57	9.2	10:58	10.7	4:53	0.7	4:49	2.0	4:55	8:21	
7	Sat	11:38	9.3	11:37	10.9	5:33	0.6	5:28	1.9	4:56	8:20	
8	Sun			12:15	9.5	6:09	0.5	6:04	1.7	4:57	8:20	
9	Mon	12:12	11.0	12:49	9.8	6:42	0.3	6:41	1.5	4:57	8:19	
10	Tue	12:46	11.2	1:23	10.1	7:15	0.1	7:19	1.3	4:58	8:19	
11	Wed	1:22	11.3	1:58	10.4	7:51	0.0	8:01	1.0	4:59	8:18	
12	Thu	2:03	11.3	2:38	10.7	8:31	0.0	8:48	0.8	5:00	8:18	
13	Fri	2:49	11.2	3:24	11.0	9:15	0.0	9:40	0.6	5:01	8:17	
14	Sat	3:40	11.0	4:13	11.3	10:02	0.1	10:35	0.4	5:01	8:17	
15	Sun	4:36	10.7	5:06	11.5	10:53	0.4	11:33	0.3	5:02	8:16	
16	Mon	5:36	10.4	6:04	11.7	11:48	0.6			5:03	8:15	
17	Tue	6:44	10.1	7:08	11.8	12:37	0.2	12:49	0.8	5:04	8:14	
18	Wed	7:55	10.1	8:14	12.1	1:46	-0.1	1:54	0.8	5:05	8:14	
19	Thu	9:00	10.2	9:16	12.3	2:51	-0.4	2:57	0.7	5:06	8:13	
20	Fri	10:01	10.5	10:15	12.6	3:52	-0.8	3:58	0.5	5:07	8:12	
21	Sat	10:59	10.8	11:11	12.7	4:50	-1.1	4:57	0.3	5:08	8:11	
22	Sun	11:52	11.1			5:44	-1.3	5:52	0.0	5:09	8:10	
23	Mon	12:04	12.7	12:42	11.3	6:34	-1.3	6:44	-0.1	5:10	8:09	
24	Tue	12:54	12.6	1:28	11.4	7:19	-1.2	7:33	-0.1	5:11	8:08	
25	Wed	1:41	12.2	2:14	11.4	8:04	-0.8	8:21	0.1	5:12	8:07	
26	Thu	2:29	11.7	3:00	11.3	8:48	-0.4	9:11	0.4	5:13	8:06	
27	Fri	3:17	11.0	3:47	11.0	9:33	0.2	10:02	0.6	5:14	8:05	
28	Sat	4:08	10.4	4:34	10.8	10:19	0.7	10:54	0.9	5:15	8:04	
29	Sun	4:59	9.8	5:22	10.5	11:06	1.3	11:48	1.2	5:16	8:03	
30	Mon	5:53	9.3	6:14	10.3	11:57	1.8			5:18	8:02	
31	Tue	6:53	9.0	7:11	10.1	12:49	1.4	12:54	2.1	5:19	8:00	