

































Ellsworth and Union River, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:05	11.9	9:43	10.9	2:54	0.6	3:36	-0.6	6:10	5:21	
2	Mon	10:00	12.1	10:33	11.3	3:51	0.2	4:26	-0.7	6:08	5:22	
3	Tue	10:49	12.0	11:17	11.5	4:42	-0.1	5:10	-0.7	6:06	5:24	
4	Wed	11:34	11.9	11:57	11.6	5:27	-0.2	5:51	-0.5	6:05	5:25	
5	Thu			12:15	11.6	6:09	-0.3	6:27	-0.2	6:03	5:26	
6	Fri	12:34	11.5	12:54	11.1	6:49	-0.1	7:03	0.3	6:01	5:28	
7	Sat	1:11	11.3	1:34	10.6	7:28	0.1	7:39	0.8	5:59	5:29	
8	Sun	1:48	11.1	3:16	10.1	9:10	0.5	9:19	1.3	6:58	6:30	
9	Mon	3:29	10.7	4:02	9.6	9:55	0.8	10:02	1.7	6:56	6:31	
10	Tue	4:13	10.4	4:52	9.1	10:44	1.2	10:51	2.2	6:54	6:33	
11	Wed	5:03	10.0	5:48	8.7	11:39	1.6	11:45	2.5	6:52	6:34	
12	Thu	6:01	9.8	6:53	8.5			12:43	1.8	6:50	6:35	
13	Fri	7:07	9.7	7:58	8.6	12:49	2.7	1:50	1.7	6:49	6:37	
14	Sat	8:09	9.9	8:53	8.9	1:56	2.6	2:47	1.5	6:47	6:38	
15	Sun	9:03	10.2	9:40	9.4	2:52	2.2	3:34	1.1	6:45	6:39	
16	Mon	9:50	10.5	10:22	9.9	3:40	1.7	4:15	0.8	6:43	6:40	
17	Tue	10:33	10.9	11:00	10.5	4:24	1.2	4:53	0.4	6:41	6:42	
18	Wed	11:15	11.3	11:37	11.2	5:06	0.6	5:30	0.1	6:39	6:43	
19	Thu	11:56	11.6			5:47	-0.1	6:07	-0.2	6:38	6:44	
20	Fri	12:14	11.8	12:37	11.7	6:29	-0.6	6:46	-0.4	6:36	6:45	
21	Sat	12:53	12.3	1:20	11.7	7:13	-1.0	7:28	-0.4	6:34	6:47	
22	Sun	1:34	12.6	2:07	11.5	8:00	-1.2	8:13	-0.2	6:32	6:48	
23	Mon	2:21	12.6	3:00	11.1	8:51	-1.1	9:05	0.2	6:30	6:49	
24	Tue	3:15	12.4	3:59	10.7	9:49	-0.8	10:02	0.6	6:28	6:51	
25	Wed	4:16	12.0	5:05	10.3	10:52	-0.4	11:06	1.0	6:26	6:52	
26	Thu	5:23	11.6	6:16	10.0			12:01	0.0	6:25	6:53	
27	Fri	6:37	11.3	7:29	10.0	12:18	1.2	1:16	0.1	6:23	6:54	
28	Sat	7:50	11.3	8:35	10.4	1:37	1.2	2:25	0.0	6:21	6:56	
29	Sun	8:55	11.4	9:32	10.8	2:46	0.8	3:23	-0.1	6:19	6:57	
30	Mon	9:52	11.4	10:23	11.1	3:45	0.4	4:15	-0.2	6:17	6:58	
31	Tue	10:44	11.4	11:10	11.4	4:38	0.1	5:03	-0.2	6:15	6:59	