US HARBORS www.USHarbors.com

Ellsworth and Union River, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:05**	11.9	**9:43**	10.9	**2:54**	0.6	**3:36**	-0.6	6:10	5:21	
2	Mon	**10:00**	12.1	**10:33**	11.3	**3:51**	0.2	**4:26**	-0.7	6:08	5:22	
3	Tue	**10:49**	12.0	**11:17**	11.5	**4:42**	-0.1	**5:10**	-0.7	6:06	5:24	
4	Wed	**11:34**	11.9	**11:57**	11.6	**5:27**	-0.2	**5:51**	-0.5	6:05	5:25	
5	Thu			**12:15**	11.6	**6:09**	-0.3	**6:27**	-0.2	6:03	5:26	
6	Fri	**12:34**	11.5	**12:54**	11.1	**6:49**	-0.1	**7:03**	0.3	6:01	5:28	
7	Sat	**1:11**	11.3	**1:34**	10.6	**7:28**	0.1	**7:39**	0.8	5:59	5:29	
8	Sun	**1:48**	11.1	**3:16**	10.1	**9:10**	0.5	**9:19**	1.3	6:58	6:30	
9	Mon	**3:29**	10.7	**4:02**	9.6	**9:55**	0.8	**10:02**	1.7	6:56	6:31	
10	Tue	**4:13**	10.4	**4:52**	9.1	**10:44**	1.2	**10:51**	2.2	6:54	6:33	
11	Wed	**5:03**	10.0	**5:48**	8.7	**11:39**	1.6	**11:45**	2.5	6:52	6:34	
12	Thu	**6:01**	9.8	**6:53**	8.5			**12:43**	1.8	6:50	6:35	
13	Fri	**7:07**	9.7	**7:58**	8.6	**12:49**	2.7	**1:50**	1.7	6:49	6:37	
14	Sat	**8:09**	9.9	**8:53**	8.9	**1:56**	2.6	**2:47**	1.5	6:47	6:38	
15	Sun	**9:03**	10.2	**9:40**	9.4	**2:52**	2.2	**3:34**	1.1	6:45	6:39	
16	Mon	**9:50**	10.5	**10:22**	9.9	**3:40**	1.7	**4:15**	0.8	6:43	6:40	
17	Tue	**10:33**	10.9	**11:00**	10.5	**4:24**	1.2	**4:53**	0.4	6:41	6:42	
18	Wed	**11:15**	11.3	**11:37**	11.2	**5:06**	0.6	**5:30**	0.1	6:39	6:43	
19	Thu	**11:56**	11.6			**5:47**	-0.1	**6:07**	-0.2	6:38	6:44	
20	Fri	**12:14**	11.8	**12:37**	11.7	**6:29**	-0.6	**6:46**	-0.4	6:36	6:45	
21	Sat	**12:53**	12.3	**1:20**	11.7	**7:13**	-1.0	**7:28**	-0.4	6:34	6:47	
22	Sun	**1:34**	12.6	**2:07**	11.5	**8:00**	-1.2	**8:13**	-0.2	6:32	6:48	
23	Mon	**2:21**	12.6	**3:00**	11.1	**8:51**	-1.1	**9:05**	0.2	6:30	6:49	
24	Tue	**3:15**	12.4	**3:59**	10.7	**9:49**	-0.8	**10:02**	0.6	6:28	6:51	
25	Wed	**4:16**	12.0	**5:05**	10.3	**10:52**	-0.4	**11:06**	1.0	6:26	6:52	
26	Thu	**5:23**	11.6	**6:16**	10.0			**12:01**	0.0	6:25	6:53	
27	Fri	**6:37**	11.3	**7:29**	10.0	**12:18**	1.2	**1:16**	0.1	6:23	6:54	
28	Sat	**7:50**	11.3	**8:35**	10.4	**1:37**	1.2	**2:25**	0.0	6:21	6:56	
29	Sun	**8:55**	11.4	**9:32**	10.8	**2:46**	0.8	**3:23**	-0.1	6:19	6:57	
30	Mon	**9:52**	11.4	**10:23**	11.1	**3:45**	0.4	**4:15**	-0.2	6:17	6:58	
31	Tue	**10:44**	11.4	**11:10**	11.4	**4:38**	0.1	**5:03**	-0.2	6:15	6:59	