
































Ellsworth and Union River, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:38	11.0	10:15	9.8	3:27	1.6	4:08	0.3	7:10	4:04	
2	Sun	10:16	11.3	10:54	10.0	4:06	1.4	4:46	0.0	7:10	4:05	
3	Mon	10:53	11.6	11:32	10.3	4:45	1.2	5:23	-0.3	7:10	4:06	
4	Tue	11:31	11.9			5:25	0.9	6:02	-0.6	7:10	4:07	
5	Wed	12:10	10.6	12:12	12.1	6:07	0.7	6:43	-0.8	7:09	4:08	
6	Thu	12:51	10.9	12:57	12.1	6:53	0.5	7:28	-0.8	7:09	4:09	
7	Fri	1:38	11.1	1:48	12.0	7:44	0.4	8:18	-0.8	7:09	4:10	
8	Sat	2:30	11.3	2:45	11.7	8:40	0.3	9:11	-0.6	7:09	4:11	
9	Sun	3:26	11.5	3:46	11.4	9:39	0.2	10:07	-0.4	7:09	4:12	
10	Mon	4:25	11.6	4:51	11.0	10:43	0.1	11:06	-0.1	7:08	4:13	
11	Tue	5:27	11.8	6:01	10.8	11:51	0.0			7:08	4:14	
12	Wed	6:32	12.0	7:10	10.7	12:11	0.2	1:01	-0.3	7:08	4:15	
13	Thu	7:33	12.2	8:12	10.8	1:15	0.3	2:05	-0.6	7:07	4:16	
14	Fri	8:31	12.4	9:10	10.8	2:16	0.3	3:03	-0.9	7:07	4:18	
15	Sat	9:25	12.5	10:05	10.9	3:13	0.3	3:58	-1.1	7:06	4:19	
16	Sun	10:18	12.5	10:56	11.0	4:07	0.3	4:49	-1.1	7:06	4:20	
17	Mon	11:06	12.4	11:42	11.0	4:57	0.3	5:36	-1.0	7:05	4:21	
18	Tue	11:51	12.2			5:43	0.4	6:19	-0.8	7:04	4:23	
19	Wed	12:26	10.9	12:33	11.8	6:26	0.6	6:59	-0.5	7:04	4:24	
20	Thu	1:08	10.7	1:15	11.4	7:08	0.8	7:40	-0.1	7:03	4:25	
21	Fri	1:50	10.5	1:59	10.9	7:52	1.0	8:21	0.3	7:02	4:27	
22	Sat	2:34	10.4	2:44	10.5	8:38	1.2	9:03	0.7	7:01	4:28	
23	Sun	3:18	10.3	3:32	10.0	9:27	1.4	9:47	1.1	7:01	4:29	
24	Mon	4:04	10.1	4:23	9.6	10:18	1.6	10:34	1.5	7:00	4:31	
25	Tue	4:52	10.1	5:19	9.3	11:14	1.6	11:26	1.8	6:59	4:32	
26	Wed	5:46	10.0	6:21	9.1			12:16	1.6	6:58	4:33	
27	Thu	6:42	10.1	7:19	9.1	12:23	2.0	1:15	1.4	6:57	4:35	
28	Fri	7:33	10.3	8:12	9.2	1:18	2.0	2:06	1.1	6:56	4:36	
29	Sat	8:21	10.6	8:59	9.5	2:07	1.9	2:53	0.7	6:55	4:38	
30	Sun	9:05	11.0	9:44	9.8	2:52	1.6	3:37	0.3	6:54	4:39	
31	Mon	9:49	11.5	10:27	10.2	3:36	1.3	4:19	-0.1	6:53	4:40	