






















## Falmouth Foreside, ME - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:07	9.7	1:50	8.4	7:34	0.3	7:32	1.5	5:02	8:26	
2	Sat	1:44	9.6	2:26	8.4	8:10	0.4	8:10	1.6	5:03	8:26	
3	Sun	2:22	9.5	3:04	8.5	8:46	0.4	8:51	1.6	5:04	8:26	
4	Mon	3:01	9.4	3:43	8.6	9:24	0.5	9:36	1.5	5:04	8:25	
5	Tue	3:45	9.2	4:25	8.8	10:05	0.5	10:24	1.4	5:05	8:25	
6	Wed	4:32	9.0	5:08	9.1	10:48	0.6	11:15	1.2	5:06	8:25	
7	Thu	5:22	8.9	5:54	9.4	11:34	0.6			5:06	8:24	
8	Fri	6:17	8.7	6:45	9.8	12:09	0.9	12:24	0.7	5:07	8:24	
9	Sat	7:17	8.7	7:39	10.1	1:07	0.6	1:19	0.7	5:08	8:24	
10	Sun	8:19	8.8	8:36	10.6	2:08	0.2	2:17	0.6	5:08	8:23	
11	Mon	9:20	9.0	9:33	11.0	3:08	-0.3	3:15	0.4	5:09	8:23	
12	Tue	10:19	9.3	10:30	11.4	4:06	-0.8	4:12	0.2	5:10	8:22	
13	Wed	11:17	9.5	11:27	11.6	5:02	-1.1	5:09	0.0	5:11	8:21	
14	Thu			12:14	9.8	5:58	-1.4	6:06	-0.2	5:12	8:21	
15	Fri	12:24	11.7	1:09	9.9	6:53	-1.5	7:02	-0.2	5:13	8:20	
16	Sat	1:20	11.5	2:03	10.0	7:46	-1.4	7:58	-0.2	5:13	8:19	
17	Sun	2:15	11.2	2:57	10.0	8:39	-1.1	8:56	0.0	5:14	8:19	
18	Mon	3:11	10.7	3:52	9.9	9:32	-0.7	9:55	0.3	5:15	8:18	
19	Tue	4:09	10.1	4:47	9.8	10:25	-0.2	10:56	0.5	5:16	8:17	
20	Wed	5:08	9.4	5:41	9.7	11:19	0.3	11:57	0.7	5:17	8:16	
21	Thu	6:08	8.9	6:36	9.5			12:13	0.9	5:18	8:15	
22	Fri	7:09	8.4	7:31	9.4	12:59	0.8	1:09	1.3	5:19	8:14	
23	Sat	8:10	8.1	8:25	9.3	2:01	0.9	2:06	1.6	5:20	8:14	
24	Sun	9:07	8.1	9:17	9.4	2:59	0.8	3:00	1.7	5:21	8:13	
25	Mon	9:59	8.1	10:04	9.5	3:50	0.7	3:49	1.7	5:22	8:12	
26	Tue	10:45	8.2	10:48	9.6	4:36	0.6	4:34	1.6	5:23	8:11	
27	Wed	11:29	8.3	11:29	9.7	5:19	0.5	5:15	1.5	5:24	8:10	
28	Thu			12:09	8.4	5:58	0.4	5:54	1.4	5:25	8:08	
29	Fri	12:08	9.8	12:46	8.5	6:34	0.3	6:31	1.3	5:26	8:07	
30	Sat	12:45	9.8	1:22	8.7	7:08	0.2	7:08	1.2	5:27	8:06	
31	Sun	1:21	9.8	1:56	8.8	7:41	0.2	7:45	1.1	5:28	8:05	