

































Falmouth Foreside, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:27	10.7	9:14	9.1	2:07	0.3	2:59	-0.9	7:14	4:14	
2	Fri	9:24	11.1	10:11	9.4	3:06	0.1	3:56	-1.3	7:14	4:15	
3	Sat	10:21	11.3	11:06	9.6	4:02	-0.1	4:51	-1.4	7:14	4:16	
4	Sun	11:15	11.3	11:59	9.7	4:57	-0.2	5:43	-1.5	7:14	4:17	
5	Mon			12:08	11.1	5:51	-0.3	6:34	-1.3	7:14	4:18	
6	Tue	12:49	9.7	1:00	10.8	6:44	-0.1	7:23	-1.0	7:14	4:19	
7	Wed	1:40	9.6	1:52	10.2	7:37	0.1	8:12	-0.5	7:14	4:20	
8	Thu	2:30	9.4	2:45	9.6	8:32	0.4	9:02	0.0	7:13	4:21	
9	Fri	3:21	9.2	3:41	8.9	9:29	0.7	9:52	0.5	7:13	4:22	
10	Sat	4:13	9.1	4:38	8.3	10:27	0.9	10:43	1.1	7:13	4:23	
11	Sun	5:05	8.9	5:37	7.9	11:27	1.1	11:36	1.5	7:12	4:24	
12	Mon	5:58	8.8	6:38	7.6			12:28	1.1	7:12	4:25	
13	Tue	6:53	8.7	7:37	7.6	12:33	1.7	1:28	1.1	7:12	4:26	
14	Wed	7:46	8.8	8:30	7.7	1:29	1.8	2:21	0.9	7:11	4:28	
15	Thu	8:35	9.0	9:18	7.9	2:20	1.7	3:08	0.6	7:11	4:29	
16	Fri	9:20	9.3	10:01	8.1	3:05	1.5	3:50	0.4	7:10	4:30	
17	Sat	10:01	9.5	10:41	8.3	3:46	1.3	4:29	0.2	7:10	4:31	
18	Sun	10:40	9.7	11:19	8.5	4:25	1.1	5:05	0.0	7:09	4:33	
19	Mon	11:18	9.9	11:54	8.7	5:03	0.9	5:40	-0.2	7:08	4:34	
20	Tue	11:54	10.0			5:41	0.7	6:14	-0.3	7:08	4:35	
21	Wed	12:28	8.9	12:31	10.0	6:19	0.5	6:49	-0.4	7:07	4:36	
22	Thu	1:03	9.1	1:10	9.8	7:00	0.3	7:27	-0.4	7:06	4:38	
23	Fri	1:41	9.4	1:53	9.6	7:44	0.2	8:08	-0.2	7:05	4:39	
24	Sat	2:22	9.5	2:42	9.3	8:33	0.2	8:53	0.0	7:04	4:40	
25	Sun	3:09	9.7	3:36	8.9	9:27	0.2	9:43	0.3	7:04	4:42	
26	Mon	4:01	9.7	4:36	8.5	10:25	0.2	10:38	0.6	7:03	4:43	
27	Tue	4:59	9.7	5:43	8.3	11:29	0.2	11:40	0.8	7:02	4:44	
28	Wed	6:03	9.8	6:55	8.2			12:39	0.1	7:01	4:46	
29	Thu	7:12	10.0	8:04	8.4	12:48	0.8	1:48	-0.2	7:00	4:47	
30	Fri	8:17	10.3	9:06	8.8	1:56	0.7	2:51	-0.6	6:59	4:48	
31	Sat	9:18	10.6	10:02	9.2	2:58	0.3	3:48	-0.9	6:58	4:50	