

































Falmouth Foreside, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:12	10.2	9:50	9.3	2:53	0.4	3:36	-0.6	6:16	5:29	
2	Mon	10:05	10.4	10:37	9.6	3:48	0.0	4:24	-0.8	6:15	5:30	
3	Tue	10:53	10.4	11:21	9.9	4:38	-0.3	5:08	-0.8	6:13	5:31	
4	Wed	11:38	10.3			5:25	-0.5	5:49	-0.6	6:11	5:33	
5	Thu	12:01	10.0	12:21	10.0	6:08	-0.5	6:27	-0.3	6:10	5:34	
6	Fri	12:39	9.9	1:02	9.5	6:50	-0.3	7:04	0.1	6:08	5:35	
7	Sat	1:16	9.8	1:44	9.0	7:31	-0.1	7:42	0.6	6:06	5:36	
8	Sun	1:55	9.4	3:28	8.5	9:14	0.3	9:23	1.1	7:04	6:38	
9	Mon	3:36	9.1	4:16	8.0	10:00	0.7	10:07	1.6	7:03	6:39	
10	Tue	4:23	8.7	5:08	7.6	10:51	1.1	10:57	1.9	7:01	6:40	
11	Wed	5:16	8.4	6:06	7.3	11:47	1.4	11:53	2.2	6:59	6:41	
12	Thu	6:14	8.2	7:09	7.2			12:49	1.5	6:57	6:43	
13	Fri	7:17	8.3	8:10	7.3	12:54	2.2	1:53	1.4	6:55	6:44	
14	Sat	8:18	8.5	9:04	7.7	1:58	2.1	2:49	1.1	6:54	6:45	
15	Sun	9:11	8.9	9:49	8.2	2:54	1.7	3:36	0.7	6:52	6:46	
16	Mon	9:58	9.3	10:29	8.8	3:42	1.1	4:16	0.3	6:50	6:48	
17	Tue	10:41	9.7	11:07	9.4	4:26	0.6	4:54	-0.1	6:48	6:49	
18	Wed	11:22	10.0	11:45	10.0	5:08	0.0	5:32	-0.4	6:46	6:50	
19	Thu			12:04	10.2	5:51	-0.5	6:10	-0.6	6:45	6:51	
20	Fri	12:23	10.4	12:47	10.2	6:34	-0.9	6:50	-0.6	6:43	6:53	
21	Sat	1:03	10.7	1:32	10.1	7:19	-1.2	7:33	-0.5	6:41	6:54	
22	Sun	1:45	10.9	2:19	9.8	8:06	-1.2	8:19	-0.2	6:39	6:55	
23	Mon	2:31	10.8	3:11	9.4	8:56	-0.9	9:09	0.2	6:37	6:56	
24	Tue	3:23	10.4	4:10	8.9	9:53	-0.6	10:06	0.6	6:36	6:57	
25	Wed	4:23	10.0	5:16	8.5	10:56	-0.1	11:09	1.0	6:34	6:59	
26	Thu	5:31	9.7	6:27	8.3			12:05	0.2	6:32	7:00	
27	Fri	6:44	9.4	7:39	8.3	12:20	1.2	1:18	0.3	6:30	7:01	
28	Sat	7:57	9.4	8:46	8.7	1:35	1.2	2:28	0.2	6:28	7:02	
29	Sun	9:03	9.6	9:42	9.1	2:46	0.9	3:27	0.0	6:27	7:03	
30	Mon	10:00	9.8	10:31	9.5	3:46	0.4	4:17	-0.1	6:25	7:05	
31	Tue	10:51	9.9	11:15	9.9	4:37	0.0	5:02	-0.2	6:23	7:06	