

































Falmouth Foreside, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:31	9.8	1:13	8.4	6:59	0.3	6:55	1.5	5:02	8:26	
2	Thu	1:08	9.8	1:49	8.5	7:33	0.3	7:32	1.4	5:03	8:26	
3	Fri	1:44	9.7	2:25	8.6	8:08	0.3	8:12	1.4	5:04	8:26	
4	Sat	2:22	9.6	3:01	8.8	8:44	0.3	8:53	1.3	5:04	8:25	
5	Sun	3:02	9.5	3:40	9.0	9:22	0.3	9:39	1.2	5:05	8:25	
6	Mon	3:46	9.3	4:22	9.2	10:03	0.4	10:28	1.0	5:06	8:25	
7	Tue	4:35	9.1	5:07	9.5	10:48	0.5	11:21	0.8	5:06	8:24	
8	Wed	5:28	8.9	5:56	9.8	11:36	0.6			5:07	8:24	
9	Thu	6:26	8.7	6:50	10.1	12:18	0.6	12:29	0.7	5:08	8:24	
10	Fri	7:29	8.6	7:49	10.4	1:19	0.3	1:28	0.7	5:08	8:23	
11	Sat	8:35	8.7	8:50	10.7	2:23	0.0	2:29	0.6	5:09	8:22	
12	Sun	9:38	8.9	9:50	11.1	3:25	-0.4	3:30	0.4	5:10	8:22	
13	Mon	10:38	9.2	10:49	11.4	4:24	-0.8	4:29	0.2	5:11	8:21	
14	Tue	11:36	9.5	11:46	11.5	5:21	-1.1	5:27	0.0	5:12	8:21	
15	Wed			12:31	9.8	6:16	-1.3	6:24	-0.1	5:13	8:20	
16	Thu	12:42	11.5	1:25	9.9	7:09	-1.3	7:19	-0.2	5:14	8:19	
17	Fri	1:36	11.2	2:16	10.0	7:59	-1.1	8:14	-0.1	5:14	8:19	
18	Sat	2:29	10.8	3:07	10.0	8:49	-0.8	9:10	0.2	5:15	8:18	
19	Sun	3:23	10.2	3:59	9.9	9:39	-0.3	10:07	0.4	5:16	8:17	
20	Mon	4:19	9.5	4:51	9.7	10:30	0.3	11:05	0.7	5:17	8:16	
21	Tue	5:16	8.9	5:42	9.5	11:21	0.8			5:18	8:15	
22	Wed	6:14	8.4	6:35	9.3	12:04	0.9	12:13	1.3	5:19	8:14	
23	Thu	7:14	8.0	7:30	9.1	1:04	1.1	1:08	1.7	5:20	8:14	
24	Fri	8:14	7.8	8:25	9.1	2:05	1.1	2:06	1.9	5:21	8:13	
25	Sat	9:10	7.8	9:17	9.2	3:02	1.1	3:00	1.9	5:22	8:12	
26	Sun	10:01	7.9	10:05	9.4	3:53	0.9	3:49	1.8	5:23	8:11	
27	Mon	10:47	8.1	10:48	9.6	4:38	0.7	4:33	1.6	5:24	8:09	
28	Tue	11:29	8.3	11:29	9.7	5:18	0.5	5:13	1.5	5:25	8:08	
29	Wed			12:08	8.5	5:56	0.4	5:52	1.3	5:26	8:07	
30	Thu	12:07	9.8	12:44	8.7	6:30	0.2	6:30	1.1	5:27	8:06	
31	Fri	12:44	9.9	1:18	8.9	7:03	0.1	7:08	0.9	5:28	8:05	