













Falmouth Foreside, ME - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	9.5	5:35	8.6	11:24	0.6	11:40	0.8	7:14	4:14	
2	Thu	6:03	9.3	6:38	8.3			12:28	0.7	7:14	4:15	
3	Fri	7:00	9.3	7:38	8.2	12:39	1.1	1:29	0.6	7:14	4:16	
4	Sat	7:53	9.3	8:31	8.2	1:36	1.2	2:23	0.5	7:14	4:17	
5	Sun	8:42	9.4	9:19	8.3	2:27	1.2	3:10	0.3	7:14	4:17	
6	Mon	9:26	9.6	10:02	8.5	3:12	1.1	3:53	0.2	7:14	4:19	
7	Tue	10:07	9.7	10:42	8.6	3:53	1.0	4:32	0.0	7:14	4:20	
8	Wed	10:45	9.8	11:20	8.7	4:31	0.9	5:08	-0.1	7:13	4:21	
9	Thu	11:22	9.8	11:55	8.8	5:08	0.8	5:41	-0.1	7:13	4:22	
10	Fri	11:57	9.8			5:43	0.7	6:14	-0.1	7:13	4:23	
11	Sat	12:29	8.9	12:31	9.7	6:19	0.7	6:47	-0.1	7:13	4:24	
12	Sun	1:02	9.0	1:07	9.5	6:57	0.6	7:22	-0.1	7:12	4:25	
13	Mon	1:37	9.1	1:46	9.4	7:37	0.6	8:01	0.0	7:12	4:26	
14	Tue	2:15	9.2	2:29	9.1	8:22	0.6	8:43	0.2	7:11	4:27	
15	Wed	2:59	9.3	3:19	8.9	9:11	0.5	9:30	0.3	7:11	4:29	
16	Thu	3:47	9.4	4:14	8.6	10:05	0.5	10:22	0.5	7:10	4:30	
17	Fri	4:41	9.6	5:15	8.5	11:04	0.4	11:19	0.5	7:10	4:31	
18	Sat	5:40	9.8	6:22	8.5			12:09	0.1	7:09	4:32	
19	Sun	6:44	10.1	7:30	8.7	12:22	0.5	1:15	-0.2	7:08	4:34	
20	Mon	7:48	10.5	8:33	9.2	1:27	0.2	2:18	-0.7	7:08	4:35	
21	Tue	8:49	11.0	9:31	9.6	2:29	-0.1	3:17	-1.2	7:07	4:36	
22	Wed	9:46	11.3	10:26	10.0	3:27	-0.5	4:11	-1.6	7:06	4:37	
23	Thu	10:41	11.5	11:19	10.4	4:23	-0.9	5:03	-1.8	7:05	4:39	
24	Fri	11:34	11.5			5:17	-1.1	5:53	-1.8	7:05	4:40	
25	Sat	12:09	10.5	12:25	11.3	6:10	-1.1	6:42	-1.6	7:04	4:41	
26	Sun	12:58	10.5	1:16	10.8	7:02	-0.9	7:30	-1.2	7:03	4:43	
27	Mon	1:47	10.3	2:08	10.1	7:54	-0.6	8:19	-0.6	7:02	4:44	
28	Tue	2:38	10.0	3:02	9.4	8:49	-0.2	9:09	0.0	7:01	4:45	
29	Wed	3:30	9.6	3:59	8.8	9:46	0.3	10:02	0.6	7:00	4:47	
30	Thu	4:24	9.3	4:58	8.2	10:45	0.6	10:58	1.1	6:59	4:48	
31	Fri	5:20	9.0	5:59	7.9	11:48	0.9	11:57	1.5	6:58	4:50	