US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:40	10.6	2:21	9.7	8:03	-0.7	8:21	0.4	4:06	7:30	
2	Wed	2:33	10.3	3:13	9.9	8:52	-0.6	9:18	0.3	4:06	7:29	
3	Thu	3:30	9.9	4:07	10.1	9:44	-0.3	10:18	0.3	4:07	7:29	
4	Fri	4:30	9.5	5:02	10.2	10:38	0.0	11:21	0.2	4:08	7:29	
5	Sat	5:33	9.1	6:00	10.3	11:35	0.4			4:08	7:29	
6	Sun	6:39	8.9	7:00	10.4	12:26	0.1	12:36	0.7	4:09	7:28	
7	Mon	7:45	8.8	7:59	10.5	1:31	0.0	1:38	0.9	4:10	7:28	
8	Tue	8:46	8.8	8:55	10.5	2:32	-0.2	2:36	0.9	4:10	7:28	
9	Wed	9:42	8.9	9:49	10.6	3:29	-0.4	3:31	0.9	4:11	7:27	
10	Thu	10:35	8.9	10:40	10.6	4:21	-0.5	4:23	0.8	4:12	7:27	
11	Fri	11:24	9.0	11:27	10.4	5:10	-0.4	5:12	0.9	4:12	7:26	
12	Sat			12:09	9.0	5:55	-0.3	5:58	0.9	4:13	7:26	
13	Sun	12:12	10.2	12:51	9.0	6:37	-0.2	6:42	1.0	4:14	7:25	
14	Mon	12:55	9.9	1:32	9.0	7:17	0.1	7:26	1.2	4:15	7:25	
15	Tue	1:37	9.6	2:13	8.9	7:56	0.4	8:11	1.3	4:16	7:24	
16	Wed	2:20	9.1	2:54	8.9	8:35	0.7	8:57	1.5	4:17	7:23	
17	Thu	3:05	8.7	3:36	8.9	9:15	1.1	9:45	1.6	4:18	7:23	
18	Fri	3:53	8.3	4:20	8.8	9:57	1.4	10:35	1.7	4:18	7:22	
19	Sat	4:44	7.9	5:06	8.8	10:41	1.7	11:28	1.7	4:19	7:21	
20	Sun	5:38	7.7	5:55	8.8	11:30	2.0			4:20	7:20	
21	Mon	6:36	7.5	6:48	9.0	12:24	1.6	12:23	2.1	4:21	7:19	
22	Tue	7:34	7.6	7:42	9.3	1:22	1.4	1:18	2.0	4:22	7:19	
23	Wed	8:28	7.8	8:32	9.6	2:16	1.0	2:11	1.8	4:23	7:18	
24	Thu	9:17	8.1	9:21	10.1	3:05	0.6	3:02	1.4	4:24	7:17	
25	Fri	10:05	8.5	10:09	10.5	3:52	0.1	3:50	0.9	4:25	7:16	
26	Sat	10:51	9.0	10:57	10.8	4:37	-0.4	4:39	0.5	4:26	7:15	
27	Sun	11:37	9.5	11:45	11.0	5:22	-0.8	5:29	0.1	4:27	7:14	
28	Mon			12:22	9.9	6:07	-1.0	6:19	-0.2	4:28	7:13	
29	Tue	12:33	11.0	1:08	10.3	6:52	-1.1	7:10	-0.4	4:29	7:12	
30	Wed	1:23	10.8	1:56	10.5	7:39	-1.0	8:04	-0.4	4:31	7:10	
31	Thu	2:17	10.4	2:48	10.5	8:28	-0.7	9:01	-0.3	4:32	7:09	