US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:56**	9.4	**9:36**	8.2	**2:42**	1.5	**3:27**	0.4	7:19	4:19	
2	Mon	**9:39**	9.5	**10:18**	8.3	**3:26**	1.4	**4:09**	0.2	7:19	4:20	
3	Tue	**10:19**	9.6	**10:58**	8.4	**4:06**	1.3	**4:47**	0.1	7:19	4:21	
4	Wed	**10:58**	9.7	**11:35**	8.5	**4:43**	1.2	**5:23**	0.0	7:19	4:22	
5	Thu	**11:34**	9.8			**5:20**	1.1	**5:56**	0.0	7:19	4:23	
6	Fri	**12:10**	8.6	**12:09**	9.7	**5:56**	1.0	**6:29**	-0.1	7:19	4:24	
7	Sat	**12:44**	8.7	**12:44**	9.7	**6:33**	0.9	**7:03**	-0.1	7:19	4:25	
8	Sun	**1:18**	8.8	**1:21**	9.5	**7:12**	0.8	**7:39**	0.0	7:18	4:26	
9	Mon	**1:54**	8.9	**2:02**	9.3	**7:54**	0.8	**8:18**	0.1	7:18	4:27	
10	Tue	**2:34**	9.1	**2:48**	9.0	**8:40**	0.7	**9:02**	0.3	7:18	4:28	
11	Wed	**3:18**	9.3	**3:40**	8.7	**9:32**	0.6	**9:50**	0.5	7:17	4:29	
12	Thu	**4:08**	9.4	**4:38**	8.5	**10:28**	0.5	**10:43**	0.7	7:17	4:30	
13	Fri	**5:03**	9.6	**5:41**	8.3	**11:29**	0.4	**11:42**	0.8	7:17	4:31	
14	Sat	**6:03**	9.8	**6:50**	8.4			**12:36**	0.1	7:16	4:33	
15	Sun	**7:08**	10.1	**7:57**	8.6	**12:46**	0.7	**1:43**	-0.3	7:16	4:34	
16	Mon	**8:12**	10.6	**8:59**	9.0	**1:51**	0.5	**2:45**	-0.8	7:15	4:35	
17	Tue	**9:12**	11.0	**9:57**	9.4	**2:52**	0.1	**3:42**	-1.3	7:15	4:36	
18	Wed	**10:09**	11.3	**10:52**	9.7	**3:50**	-0.3	**4:36**	-1.6	7:14	4:38	
19	Thu	**11:03**	11.4	**11:43**	10.0	**4:45**	-0.6	**5:28**	-1.7	7:13	4:39	
20	Fri	**11:56**	11.3			**5:39**	-0.8	**6:17**	-1.6	7:13	4:40	
21	Sat	**12:33**	10.1	**12:47**	11.0	**6:32**	-0.7	**7:05**	-1.3	7:12	4:41	
22	Sun	**1:21**	10.1	**1:37**	10.4	**7:23**	-0.5	**7:52**	-0.8	7:11	4:43	
23	Mon	**2:09**	9.9	**2:29**	9.7	**8:16**	-0.2	**8:40**	-0.2	7:10	4:44	
24	Tue	**2:59**	9.7	**3:24**	9.0	**9:11**	0.2	**9:29**	0.4	7:10	4:45	
25	Wed	**3:50**	9.4	**4:20**	8.4	**10:08**	0.6	**10:21**	1.1	7:09	4:47	
26	Thu	**4:43**	9.0	**5:19**	7.9	**11:08**	0.9	**11:16**	1.6	7:08	4:48	
27	Fri	**5:38**	8.8	**6:22**	7.6			**12:10**	1.1	7:07	4:49	
28	Sat	**6:37**	8.7	**7:23**	7.5	**12:15**	1.9	**1:13**	1.1	7:06	4:51	
29	Sun	**7:35**	8.7	**8:19**	7.6	**1:16**	1.9	**2:10**	1.0	7:05	4:52	
30	Mon	**8:27**	8.9	**9:07**	7.9	**2:11**	1.8	**2:59**	0.7	7:04	4:53	
31	Tue	**9:13**	9.2	**9:51**	8.1	**2:58**	1.5	**3:42**	0.4	7:03	4:55	