US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:00**	9.4	**10:32**	8.6	**3:48**	1.1	**4:23**	0.2	6:21	5:34	
2	Tue	**10:40**	9.5	**11:08**	8.8	**4:28**	0.8	**4:57**	0.2	6:19	5:35	
3	Wed	**11:16**	9.5	**11:40**	9.0	**5:05**	0.6	**5:29**	0.2	6:17	5:36	
4	Thu	**11:50**	9.4			**5:39**	0.5	**5:58**	0.2	6:16	5:38	
5	Fri	**12:10**	9.2	**12:23**	9.2	**6:12**	0.4	**6:28**	0.4	6:14	5:39	
6	Sat	**12:40**	9.2	**12:57**	9.0	**6:46**	0.4	**6:58**	0.5	6:12	5:40	
7	Sun	**1:10**	9.3	**1:32**	8.7	**7:21**	0.4	**7:32**	0.8	6:10	5:41	
8	Mon	**1:42**	9.2	**2:10**	8.4	**8:00**	0.5	**8:10**	1.1	6:09	5:43	
9	Tue	**2:20**	9.2	**2:55**	8.1	**8:44**	0.6	**8:53**	1.3	6:07	5:44	
10	Wed	**3:05**	9.1	**3:47**	7.8	**9:34**	0.8	**9:44**	1.6	6:05	5:45	
11	Thu	**3:59**	9.0	**4:46**	7.6	**10:32**	0.9	**10:41**	1.7	6:03	5:46	
12	Fri	**5:00**	9.0	**5:53**	7.7	**11:36**	0.8	**11:47**	1.6	6:02	5:48	
13	Sat	**6:08**	9.2	**7:03**	8.0			**12:45**	0.6	6:00	5:49	
14	Sun	**7:18**	9.7	**8:07**	8.6	**12:56**	1.2	**1:51**	0.0	5:58	5:50	
15	Mon	**8:22**	10.2	**9:03**	9.4	**2:03**	0.6	**2:48**	-0.6	5:56	5:51	
16	Tue	**9:19**	10.7	**9:54**	10.1	**3:02**	-0.2	**3:40**	-1.1	5:54	5:52	
17	Wed	**10:14**	11.1	**10:43**	10.7	**3:57**	-0.9	**4:29**	-1.5	5:53	5:54	
18	Thu	**11:06**	11.2	**11:30**	11.1	**4:50**	-1.5	**5:16**	-1.6	5:51	5:55	
19	Fri	**11:57**	11.1			**5:41**	-1.8	**6:03**	-1.4	5:49	5:56	
20	Sat	**12:17**	11.3	**12:47**	10.7	**6:32**	-1.8	**6:50**	-1.0	5:47	5:57	
21	Sun	**1:04**	11.1	**1:39**	10.1	**7:23**	-1.5	**7:38**	-0.3	5:45	5:58	
22	Mon	**1:52**	10.7	**2:33**	9.4	**8:16**	-1.0	**8:29**	0.4	5:44	6:00	
23	Tue	**2:45**	10.1	**3:32**	8.7	**9:13**	-0.3	**9:25**	1.1	5:42	6:01	
24	Wed	**3:42**	9.5	**4:34**	8.2	**10:14**	0.3	**10:26**	1.6	5:40	6:02	
25	Thu	**4:45**	9.0	**5:40**	7.8	**11:20**	0.8	**11:33**	2.0	5:38	6:03	
26	Fri	**5:52**	8.7	**6:46**	7.7			**12:28**	1.1	5:36	6:04	
27	Sat	**6:58**	8.6	**7:46**	7.9	**12:42**	2.0	**1:32**	1.1	5:35	6:06	
28	Sun	**7:58**	8.7	**8:36**	8.2	**1:45**	1.8	**2:25**	1.0	5:33	6:07	
29	Mon	**8:48**	8.9	**9:19**	8.6	**2:37**	1.5	**3:09**	0.8	5:31	6:08	
30	Tue	**9:32**	9.1	**9:58**	8.9	**3:22**	1.1	**3:47**	0.6	5:29	6:09	
31	Wed	**10:11**	9.2	**10:32**	9.2	**4:02**	0.8	**4:21**	0.5	5:27	6:10	