US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:04	9.1	4:21	9.0	10:08	0.9	10:37	0.5	7:19	4:19	
2	Sat	4:59	8.9	5:21	8.5	11:10	1.1	11:32	0.9	7:19	4:20	
3	Sun	5:54	8.9	6:22	8.2			12:12	1.2	7:19	4:21	
4	Mon	6:48	8.9	7:21	8.1	12:28	1.2	1:13	1.1	7:19	4:22	
5	Tue	7:40	9.0	8:14	8.1	1:22	1.4	2:07	0.8	7:19	4:23	
6	Wed	8:27	9.2	9:03	8.2	2:12	1.4	2:54	0.6	7:18	4:24	
7	Thu	9:10	9.4	9:47	8.3	2:56	1.3	3:37	0.3	7:18	4:25	
8	Fri	9:50	9.6	10:28	8.5	3:37	1.2	4:16	0.1	7:18	4:26	
9	Sat	10:29	9.7	11:07	8.6	4:15	1.1	4:54	-0.1	7:18	4:27	
10	Sun	11:06	9.8	11:44	8.6	4:52	1.0	5:29	-0.2	7:18	4:28	
11	Mon	11:43	9.9			5:29	0.9	6:04	-0.3	7:17	4:29	
12	Tue	12:20	8.7	12:19	10.0	6:06	0.8	6:40	-0.3	7:17	4:30	
13	Wed	12:55	8.8	12:57	9.9	6:46	0.7	7:18	-0.4	7:16	4:31	
14	Thu	1:33	8.9	1:38	9.8	7:28	0.6	7:59	-0.3	7:16	4:33	
15	Fri	2:14	9.0	2:24	9.6	8:14	0.6	8:44	-0.2	7:16	4:34	
16	Sat	3:00	9.2	3:16	9.4	9:06	0.5	9:32	-0.1	7:15	4:35	
17	Sun	3:50	9.4	4:12	9.1	10:02	0.4	10:25	0.1	7:14	4:36	
18	Mon	4:45	9.6	5:14	8.9	11:02	0.3	11:22	0.3	7:14	4:37	
19	Tue	5:43	9.8	6:21	8.8			12:07	0.1	7:13	4:39	
20	Wed	6:46	10.1	7:29	8.9	12:23	0.3	1:14	-0.3	7:12	4:40	
21	Thu	7:48	10.4	8:33	9.1	1:27	0.2	2:18	-0.8	7:12	4:41	
22	Fri	8:47	10.8	9:31	9.4	2:28	0.0	3:16	-1.2	7:11	4:43	
23	Sat	9:44	11.1	10:27	9.7	3:26	-0.2	4:12	-1.5	7:10	4:44	
24	Sun	10:38	11.2	11:19	9.8	4:21	-0.4	5:04	-1.6	7:09	4:45	
25	Mon	11:30	11.2			5:14	-0.5	5:54	-1.6	7:08	4:46	
26	Tue	12:09	9.9	12:21	11.0	6:05	-0.5	6:42	-1.4	7:08	4:48	
27	Wed	12:57	9.8	1:09	10.6	6:55	-0.3	7:28	-0.9	7:07	4:49	
28	Thu	1:44	9.6	1:58	10.0	7:45	0.0	8:15	-0.4	7:06	4:50	
29	Fri	2:32	9.4	2:49	9.4	8:36	0.4	9:03	0.2	7:05	4:52	
30	Sat	3:21	9.1	3:43	8.8	9:30	0.7	9:51	0.7	7:04	4:53	
31	Sun	4:12	8.9	4:38	8.2	10:26	1.0	10:42	1.2	7:03	4:55	