US HARBORS www.USHarbors.com

Fore River, Portland, ME - Aug 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:55**	9.4	**9:09**	11.2	**2:41**	-0.8	**2:50**	0.1	4:34	7:07	
2	Tue	**9:53**	9.7	**10:06**	11.4	**3:39**	-1.1	**3:47**	-0.2	4:35	7:06	
3	Wed	**10:49**	9.9	**11:02**	11.5	**4:34**	-1.4	**4:43**	-0.4	4:36	7:04	
4	Thu	**11:42**	10.1	**11:55**	11.4	**5:27**	-1.5	**5:38**	-0.4	4:37	7:03	
5	Fri			**12:33**	10.2	**6:17**	-1.4	**6:31**	-0.3	4:39	7:02	
6	Sat	**12:47**	11.1	**1:23**	10.1	**7:06**	-1.1	**7:23**	-0.1	4:40	7:00	
7	Sun	**1:38**	10.6	**2:12**	10.0	**7:55**	-0.6	**8:17**	0.2	4:41	6:59	
8	Mon	**2:31**	10.0	**3:03**	9.7	**8:44**	-0.1	**9:12**	0.5	4:42	6:58	
9	Tue	**3:25**	9.3	**3:54**	9.5	**9:34**	0.5	**10:09**	0.8	4:43	6:56	
10	Wed	**4:21**	8.8	**4:46**	9.2	**10:25**	1.1	**11:06**	1.1	4:44	6:55	
11	Thu	**5:18**	8.3	**5:39**	9.1	**11:18**	1.5			4:45	6:53	
12	Fri	**6:17**	8.0	**6:34**	9.0	**12:06**	1.3	**12:13**	1.8	4:46	6:52	
13	Sat	**7:16**	7.9	**7:29**	9.0	**1:06**	1.3	**1:11**	1.9	4:48	6:50	
14	Sun	**8:10**	8.0	**8:19**	9.2	**2:01**	1.1	**2:04**	1.8	4:49	6:49	
15	Mon	**8:59**	8.2	**9:06**	9.4	**2:50**	0.9	**2:51**	1.6	4:50	6:47	
16	Tue	**9:44**	8.4	**9:48**	9.7	**3:33**	0.7	**3:33**	1.4	4:51	6:46	
17	Wed	**10:25**	8.6	**10:28**	9.9	**4:13**	0.4	**4:13**	1.2	4:52	6:44	
18	Thu	**11:03**	8.9	**11:07**	10.0	**4:50**	0.2	**4:51**	0.9	4:53	6:43	
19	Fri	**11:39**	9.1	**11:44**	10.1	**5:25**	0.0	**5:30**	0.7	4:54	6:41	
20	Sat			**12:14**	9.3	**6:00**	-0.1	**6:09**	0.5	4:55	6:40	
21	Sun	**12:22**	10.1	**12:50**	9.6	**6:35**	-0.2	**6:50**	0.3	4:57	6:38	
22	Mon	**1:01**	10.0	**1:27**	9.8	**7:14**	-0.2	**7:33**	0.2	4:58	6:36	
23	Tue	**1:44**	9.9	**2:09**	9.9	**7:55**	-0.1	**8:21**	0.1	4:59	6:35	
24	Wed	**2:32**	9.6	**2:56**	10.0	**8:41**	0.1	**9:14**	0.1	5:00	6:33	
25	Thu	**3:25**	9.3	**3:49**	10.1	**9:32**	0.3	**10:11**	0.2	5:01	6:31	
26	Fri	**4:24**	9.0	**4:47**	10.1	**10:27**	0.6	**11:13**	0.2	5:02	6:30	
27	Sat	**5:28**	8.8	**5:50**	10.1	**11:28**	0.7			5:03	6:28	
28	Sun	**6:37**	8.8	**6:56**	10.3	**12:20**	0.1	**12:33**	0.7	5:04	6:26	
29	Mon	**7:44**	9.0	**8:01**	10.6	**1:28**	-0.2	**1:40**	0.5	5:06	6:24	
30	Tue	**8:45**	9.3	**9:01**	10.9	**2:30**	-0.5	**2:42**	0.2	5:07	6:23	
31	Wed	**9:41**	9.7	**9:57**	11.1	**3:27**	-0.8	**3:39**	-0.1	5:08	6:21	