US HARBORS www.USHarbors.com

Fore River, Portland, ME - Aug 1800

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:14**	8.6	**7:30**	10.5	**1:00**	0.0	**1:08**	0.8	4:33	7:08	
2	Sat	**8:19**	8.8	**8:32**	10.8	**2:05**	-0.2	**2:12**	0.7	4:34	7:07	
3	Sun	**9:20**	9.0	**9:31**	11.0	**3:06**	-0.6	**3:12**	0.4	4:35	7:06	
4	Mon	**10:17**	9.3	**10:28**	11.1	**4:03**	-0.8	**4:09**	0.2	4:36	7:04	
5	Tue	**11:10**	9.5	**11:21**	11.1	**4:56**	-1.0	**5:03**	0.1	4:38	7:03	
6	Wed			**12:00**	9.7	**5:46**	-1.0	**5:55**	0.0	4:39	7:02	
7	Thu	**12:11**	10.9	**12:47**	9.8	**6:33**	-0.8	**6:46**	0.1	4:40	7:00	
8	Fri	**1:00**	10.5	**1:33**	9.7	**7:17**	-0.4	**7:35**	0.3	4:41	6:59	
9	Sat	**1:48**	9.9	**2:18**	9.6	**8:02**	0.0	**8:26**	0.6	4:42	6:58	
10	Sun	**2:37**	9.3	**3:05**	9.4	**8:46**	0.6	**9:18**	0.9	4:43	6:56	
11	Mon	**3:29**	8.7	**3:52**	9.2	**9:32**	1.1	**10:11**	1.2	4:44	6:55	
12	Tue	**4:22**	8.2	**4:42**	8.9	**10:20**	1.6	**11:07**	1.4	4:45	6:53	
13	Wed	**5:18**	7.8	**5:34**	8.8	**11:11**	2.0			4:46	6:52	
14	Thu	**6:18**	7.6	**6:30**	8.7	**12:06**	1.6	**12:07**	2.3	4:48	6:50	
15	Fri	**7:18**	7.5	**7:27**	8.8	**1:07**	1.5	**1:06**	2.3	4:49	6:49	
16	Sat	**8:13**	7.7	**8:19**	9.1	**2:03**	1.3	**2:00**	2.1	4:50	6:47	
17	Sun	**9:02**	7.9	**9:06**	9.4	**2:52**	1.1	**2:48**	1.9	4:51	6:46	
18	Mon	**9:45**	8.2	**9:48**	9.7	**3:35**	0.7	**3:31**	1.5	4:52	6:44	
19	Tue	**10:26**	8.5	**10:29**	10.0	**4:14**	0.4	**4:12**	1.2	4:53	6:43	
20	Wed	**11:04**	8.9	**11:08**	10.2	**4:51**	0.1	**4:53**	0.8	4:54	6:41	
21	Thu	**11:40**	9.2	**11:48**	10.3	**5:27**	-0.2	**5:33**	0.5	4:55	6:39	
22	Fri			**12:16**	9.6	**6:03**	-0.3	**6:15**	0.2	4:57	6:38	
23	Sat	**12:28**	10.2	**12:54**	9.9	**6:41**	-0.4	**6:59**	0.0	4:58	6:36	
24	Sun	**1:10**	10.1	**1:34**	10.1	**7:21**	-0.3	**7:46**	-0.1	4:59	6:35	
25	Mon	**1:56**	9.8	**2:19**	10.2	**8:04**	-0.1	**8:37**	-0.1	5:00	6:33	
26	Tue	**2:48**	9.4	**3:09**	10.2	**8:53**	0.2	**9:32**	0.0	5:01	6:31	
27	Wed	**3:45**	9.0	**4:05**	10.1	**9:47**	0.6	**10:33**	0.2	5:02	6:30	
28	Thu	**4:48**	8.7	**5:07**	10.0	**10:46**	0.9	**11:39**	0.3	5:03	6:28	
29	Fri	**5:57**	8.4	**6:14**	10.0	**11:51**	1.1			5:05	6:26	
30	Sat	**7:07**	8.5	**7:24**	10.1	**12:50**	0.3	**1:00**	1.1	5:06	6:24	
31	Sun	**8:13**	8.7	**8:27**	10.4	**1:58**	0.0	**2:07**	0.9	5:07	6:23	