US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:19	11.2	2:00	10.3	7:40	-1.3	8:00	-0.1	4:06	7:30	
2	Sun	2:15	10.7	2:55	10.1	8:33	-0.8	8:59	0.2	4:07	7:30	
3	Mon	3:12	10.0	3:50	9.9	9:27	-0.2	9:58	0.6	4:07	7:29	
4	Tue	4:10	9.4	4:44	9.7	10:21	0.3	10:58	0.8	4:08	7:29	
5	Wed	5:08	8.9	5:38	9.5	11:15	0.8	11:59	1.0	4:09	7:29	
6	Thu	6:07	8.5	6:33	9.4			12:10	1.2	4:09	7:29	
7	Fri	7:06	8.3	7:26	9.4	12:59	1.0	1:06	1.4	4:10	7:28	
8	Sat	8:01	8.3	8:15	9.5	1:55	0.9	1:58	1.5	4:11	7:28	
9	Sun	8:51	8.3	9:01	9.6	2:45	0.8	2:45	1.5	4:11	7:27	
10	Mon	9:37	8.4	9:44	9.7	3:29	0.6	3:28	1.4	4:12	7:27	
11	Tue	10:20	8.6	10:24	9.8	4:10	0.4	4:08	1.3	4:13	7:26	
12	Wed	11:01	8.7	11:02	9.9	4:48	0.3	4:47	1.2	4:14	7:26	
13	Thu	11:38	8.8	11:39	10.0	5:24	0.1	5:25	1.1	4:14	7:25	
14	Fri			12:14	9.0	5:59	0.0	6:02	1.0	4:15	7:25	
15	Sat	12:16	10.0	12:50	9.1	6:33	0.0	6:41	0.9	4:16	7:24	
16	Sun	12:53	9.9	1:26	9.3	7:09	-0.1	7:22	0.8	4:17	7:23	
17	Mon	1:32	9.8	2:05	9.5	7:48	-0.1	8:07	0.7	4:18	7:23	
18	Tue	2:16	9.7	2:48	9.7	8:31	0.0	8:56	0.6	4:19	7:22	
19	Wed	3:04	9.5	3:35	9.9	9:17	0.1	9:49	0.5	4:20	7:21	
20	Thu	3:58	9.3	4:27	10.1	10:08	0.2	10:46	0.3	4:21	7:20	
21	Fri	4:56	9.1	5:24	10.2	11:03	0.3	11:48	0.2	4:22	7:20	
22	Sat	5:59	9.0	6:25	10.5			12:02	0.3	4:23	7:19	
23	Sun	7:06	9.1	7:28	10.8	12:53	-0.1	1:05	0.3	4:24	7:18	
24	Mon	8:11	9.3	8:29	11.1	1:57	-0.5	2:08	0.0	4:25	7:17	
25	Tue	9:11	9.7	9:27	11.4	2:57	-0.9	3:07	-0.2	4:26	7:16	
26	Wed	10:08	10.0	10:23	11.5	3:53	-1.3	4:04	-0.5	4:27	7:15	
27	Thu	11:02	10.2	11:17	11.5	4:47	-1.5	4:59	-0.6	4:28	7:14	
28	Fri	11:54	10.4			5:38	-1.5	5:53	-0.6	4:29	7:13	
29	Sat	12:09	11.3	12:44	10.4	6:28	-1.3	6:45	-0.5	4:30	7:12	
30	Sun	1:00	10.9	1:33	10.3	7:16	-0.9	7:37	-0.2	4:31	7:11	
31	Mon	1:50	10.4	2:22	10.1	8:03	-0.5	8:30	0.2	4:32	7:09	