US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 1810

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:00	8.8	11:03	10.0	4:49	0.0	4:49	1.1	4:06	7:30	
2	Mon	11:40	8.9	11:41	9.9	5:28	0.1	5:28	1.2	4:07	7:30	
3	Tue			12:18	8.9	6:04	0.1	6:05	1.2	4:07	7:29	
4	Wed	12:18	9.8	12:54	8.9	6:38	0.2	6:42	1.2	4:08	7:29	
5	Thu	12:54	9.7	1:30	8.9	7:13	0.2	7:21	1.3	4:08	7:29	
6	Fri	1:31	9.5	2:07	8.9	7:49	0.4	8:02	1.3	4:09	7:29	
7	Sat	2:11	9.3	2:47	9.0	8:27	0.5	8:46	1.3	4:10	7:28	
8	Sun	2:54	9.1	3:28	9.1	9:08	0.6	9:33	1.3	4:10	7:28	
9	Mon	3:41	8.9	4:13	9.3	9:53	0.7	10:23	1.1	4:11	7:28	
10	Tue	4:32	8.7	5:01	9.5	10:40	0.7	11:18	0.9	4:12	7:27	
11	Wed	5:27	8.7	5:53	9.8	11:32	0.7			4:13	7:27	
12	Thu	6:26	8.7	6:50	10.2	12:16	0.6	12:28	0.6	4:13	7:26	
13	Fri	7:28	8.9	7:47	10.6	1:16	0.2	1:27	0.4	4:14	7:26	
14	Sat	8:27	9.3	8:44	11.1	2:15	-0.4	2:25	0.1	4:15	7:25	
15	Sun	9:25	9.7	9:39	11.5	3:11	-1.0	3:21	-0.3	4:16	7:24	
16	Mon	10:21	10.1	10:35	11.8	4:06	-1.4	4:17	-0.6	4:17	7:24	
17	Tue	11:16	10.4	11:30	11.9	5:00	-1.8	5:13	-0.8	4:18	7:23	
18	Wed			12:10	10.7	5:53	-1.9	6:08	-0.9	4:19	7:22	
19	Thu	12:25	11.7	1:03	10.7	6:45	-1.8	7:04	-0.8	4:20	7:21	
20	Fri	1:19	11.4	1:57	10.7	7:37	-1.5	8:01	-0.6	4:20	7:21	
21	Sat	2:16	10.9	2:53	10.5	8:31	-1.0	9:01	-0.3	4:21	7:20	
22	Sun	3:15	10.2	3:50	10.3	9:27	-0.5	10:02	0.1	4:22	7:19	
23	Mon	4:15	9.6	4:47	10.1	10:23	0.1	11:04	0.4	4:23	7:18	
24	Tue	5:16	9.1	5:44	9.8	11:21	0.6			4:24	7:17	
25	Wed	6:19	8.7	6:43	9.7	12:08	0.6	12:20	1.0	4:25	7:16	
26	Thu	7:20	8.5	7:39	9.6	1:10	0.7	1:19	1.2	4:26	7:15	
27	Fri	8:16	8.5	8:30	9.7	2:08	0.6	2:14	1.3	4:27	7:14	
28	Sat	9:06	8.5	9:17	9.7	2:58	0.5	3:02	1.3	4:28	7:13	
29	Sun	9:52	8.6	10:00	9.8	3:43	0.4	3:46	1.2	4:30	7:12	
30	Mon	10:34	8.8	10:40	9.9	4:24	0.3	4:26	1.1	4:31	7:11	
31	Tue	11:13	8.9	11:18	9.9	5:02	0.2	5:04	1.0	4:32	7:10	