

Fore River, Portland, ME - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:14	9.7	3:55	9.0	9:37	0.1	9:53	1.2	5:03	8:26	
2	Tue	4:02	9.5	4:41	9.3	10:21	0.2	10:46	1.0	5:04	8:26	
3	Wed	4:54	9.3	5:29	9.6	11:09	0.3	11:42	0.7	5:04	8:26	
4	Thu	5:50	9.1	6:21	10.0			12:00	0.4	5:05	8:25	
5	Fri	6:51	9.0	7:16	10.3	12:41	0.4	12:55	0.5	5:05	8:25	
6	Sat	7:56	8.9	8:15	10.6	1:44	0.1	1:54	0.6	5:06	8:25	
7	Sun	9:00	9.0	9:14	10.9	2:47	-0.3	2:55	0.5	5:07	8:24	
8	Mon	10:01	9.1	10:12	11.2	3:48	-0.7	3:53	0.4	5:08	8:24	
9	Tue	11:00	9.3	11:09	11.3	4:46	-1.0	4:51	0.2	5:08	8:23	
10	Wed	11:57	9.5			5:42	-1.2	5:47	0.1	5:09	8:23	
11	Thu	12:06	11.4	12:52	9.6	6:36	-1.2	6:42	0.1	5:10	8:22	
12	Fri	1:00	11.2	1:44	9.6	7:28	-1.1	7:36	0.2	5:11	8:22	
13	Sat	1:52	10.9	2:35	9.6	8:18	-0.8	8:30	0.4	5:11	8:21	
14	Sun	2:44	10.4	3:25	9.5	9:07	-0.4	9:25	0.7	5:12	8:21	
15	Mon	3:37	9.8	4:16	9.4	9:56	0.1	10:21	0.9	5:13	8:20	
16	Tue	4:32	9.2	5:06	9.3	10:45	0.6	11:18	1.2	5:14	8:19	
17	Wed	5:27	8.7	5:56	9.1	11:33	1.1			5:15	8:19	
18	Thu	6:23	8.2	6:46	9.0	12:15	1.3	12:23	1.6	5:16	8:18	
19	Fri	7:21	7.9	7:39	9.0	1:13	1.4	1:16	1.9	5:17	8:17	
20	Sat	8:20	7.7	8:31	9.0	2:12	1.4	2:11	2.1	5:18	8:16	
21	Sun	9:15	7.7	9:21	9.1	3:07	1.2	3:03	2.1	5:19	8:15	
22	Mon	10:05	7.9	10:07	9.3	3:56	1.0	3:51	2.0	5:20	8:14	
23	Tue	10:50	8.0	10:51	9.5	4:40	0.8	4:34	1.8	5:21	8:14	
24	Wed	11:33	8.2	11:32	9.8	5:21	0.6	5:15	1.6	5:22	8:13	
25	Thu			12:13	8.4	6:00	0.3	5:55	1.4	5:23	8:12	
26	Fri	12:11	9.9	12:51	8.6	6:36	0.1	6:34	1.2	5:24	8:11	
27	Sat	12:50	10.1	1:27	8.9	7:12	-0.1	7:15	0.9	5:25	8:09	
28	Sun	1:28	10.1	2:03	9.2	7:48	-0.2	7:57	0.7	5:26	8:08	
29	Mon	2:08	10.1	2:42	9.4	8:26	-0.2	8:42	0.6	5:27	8:07	
30	Tue	2:52	9.9	3:23	9.7	9:07	-0.2	9:30	0.4	5:28	8:06	
31	Wed	3:40	9.6	4:09	9.9	9:52	0.0	10:23	0.3	5:29	8:05	