

Fore River, Portland, ME - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:24	9.4	10:05	8.2	3:11	1.5	3:55	0.3	7:14	4:15	
2	Thu	10:06	9.5	10:46	8.3	3:52	1.4	4:35	0.2	7:14	4:15	
3	Fri	10:45	9.6	11:24	8.3	4:31	1.4	5:12	0.1	7:14	4:16	
4	Sat	11:22	9.7			5:08	1.3	5:48	0.1	7:14	4:17	
5	Sun	12:01	8.4	11:58 AM	9.7	5:44	1.2	6:21	0.0	7:14	4:18	
6	Mon	12:36	8.4	12:33	9.6	6:20	1.2	6:55	0.1	7:14	4:19	
7	Tue	1:10	8.5	1:09	9.5	6:58	1.1	7:31	0.1	7:14	4:20	
8	Wed	1:45	8.6	1:48	9.3	7:39	1.1	8:08	0.2	7:14	4:21	
9	Thu	2:24	8.7	2:32	9.1	8:24	1.0	8:49	0.3	7:13	4:22	
10	Fri	3:06	8.9	3:21	8.8	9:13	0.9	9:35	0.5	7:13	4:24	
11	Sat	3:52	9.2	4:16	8.6	10:07	0.8	10:24	0.6	7:13	4:25	
12	Sun	4:43	9.4	5:16	8.4	11:05	0.6	11:19	0.8	7:12	4:26	
13	Mon	5:39	9.6	6:21	8.3			12:09	0.3	7:12	4:27	
14	Tue	6:41	9.9	7:29	8.4	12:20	0.8	1:15	-0.1	7:12	4:28	
15	Wed	7:44	10.3	8:33	8.7	1:24	0.7	2:19	-0.5	7:11	4:29	
16	Thu	8:45	10.7	9:33	9.1	2:26	0.4	3:18	-1.0	7:11	4:31	
17	Fri	9:43	11.1	10:29	9.4	3:24	0.0	4:14	-1.4	7:10	4:32	
18	Sat	10:40	11.3	11:23	9.7	4:21	-0.3	5:08	-1.6	7:09	4:33	
19	Sun	11:34	11.4			5:16	-0.5	5:59	-1.7	7:09	4:34	
20	Mon	12:15	9.9	12:26	11.1	6:10	-0.6	6:49	-1.5	7:08	4:36	
21	Tue	1:04	9.9	1:18	10.7	7:03	-0.4	7:37	-1.1	7:07	4:37	
22	Wed	1:54	9.8	2:10	10.1	7:56	-0.2	8:26	-0.5	7:07	4:38	
23	Thu	2:44	9.7	3:04	9.4	8:52	0.1	9:15	0.1	7:06	4:40	
24	Fri	3:35	9.4	4:01	8.7	9:49	0.5	10:06	0.8	7:05	4:41	
25	Sat	4:27	9.1	5:00	8.1	10:48	0.8	10:59	1.3	7:04	4:42	
26	Sun	5:21	8.9	6:01	7.7	11:50	1.0	11:56	1.8	7:03	4:44	
27	Mon	6:18	8.7	7:04	7.5			12:53	1.1	7:02	4:45	
28	Tue	7:16	8.7	8:02	7.6	12:57	2.0	1:53	1.0	7:01	4:46	
29	Wed	8:10	8.8	8:54	7.7	1:54	1.9	2:45	0.8	7:00	4:48	
30	Thu	8:58	9.0	9:39	7.9	2:44	1.7	3:30	0.6	6:59	4:49	
31	Fri	9:42	9.3	10:21	8.2	3:28	1.5	4:11	0.3	6:58	4:50	