

Fore River, Portland, ME - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:12	9.1	9:47	8.3	2:58	1.5	3:37	0.5	6:17	5:29	
2	Sun	9:54	9.4	10:25	8.7	3:39	1.1	4:13	0.2	6:15	5:30	
3	Mon	10:32	9.7	10:59	9.1	4:18	0.7	4:47	-0.1	6:14	5:32	
4	Tue	11:09	9.9	11:33	9.5	4:55	0.3	5:20	-0.3	6:12	5:33	
5	Wed	11:46	9.9			5:33	-0.1	5:54	-0.4	6:10	5:34	
6	Thu	12:06	9.8	12:24	9.8	6:12	-0.4	6:30	-0.3	6:08	5:35	
7	Fri	12:41	10.1	1:04	9.6	6:53	-0.5	7:09	-0.2	6:07	5:37	
8	Sat	1:19	10.2	1:49	9.3	7:38	-0.5	7:51	0.1	6:05	5:38	
9	Sun	2:03	10.1	2:39	8.9	8:27	-0.4	8:40	0.5	6:03	5:39	
10	Mon	2:53	10.0	3:37	8.5	9:22	-0.1	9:35	0.9	6:01	5:40	
11	Tue	3:52	9.7	4:42	8.2	10:25	0.2	10:38	1.2	6:00	5:42	
12	Wed	4:58	9.5	5:55	8.0	11:34	0.4	11:48	1.3	5:58	5:43	
13	Thu	6:12	9.5	7:09	8.2			12:49	0.3	5:56	5:44	
14	Fri	7:25	9.7	8:15	8.7	1:03	1.1	1:58	0.0	5:54	5:45	
15	Sat	8:30	10.0	9:11	9.2	2:11	0.7	2:56	-0.4	5:53	5:47	
16	Sun	9:27	10.3	10:01	9.7	3:11	0.1	3:47	-0.7	5:51	5:48	
17	Mon	10:19	10.5	10:47	10.1	4:04	-0.4	4:34	-0.8	5:49	5:49	
18	Tue	11:07	10.4	11:30	10.3	4:53	-0.7	5:17	-0.8	5:47	5:50	
19	Wed	11:53	10.2			5:39	-0.8	5:58	-0.5	5:45	5:52	
20	Thu	12:10	10.3	12:36	9.8	6:23	-0.8	6:37	-0.1	5:44	5:53	
21	Fri	12:49	10.2	1:19	9.4	7:06	-0.5	7:16	0.4	5:42	5:54	
22	Sat	1:28	9.8	2:03	8.8	7:49	-0.1	7:57	1.0	5:40	5:55	
23	Sun	2:09	9.4	2:50	8.3	8:34	0.4	8:41	1.5	5:38	5:56	
24	Mon	2:55	9.0	3:41	7.8	9:24	0.9	9:30	2.0	5:36	5:58	
25	Tue	3:46	8.6	4:38	7.5	10:18	1.3	10:24	2.3	5:35	5:59	
26	Wed	4:44	8.3	5:38	7.3	11:18	1.6	11:25	2.4	5:33	6:00	
27	Thu	5:46	8.2	6:40	7.4			12:21	1.6	5:31	6:01	
28	Fri	6:49	8.3	7:36	7.7	12:29	2.4	1:21	1.4	5:29	6:02	
29	Sat	7:45	8.6	8:24	8.1	1:29	2.0	2:10	1.1	5:27	6:04	
30	Sun	8:34	9.0	9:05	8.6	2:20	1.5	2:52	0.7	5:26	6:05	
31	Mon	9:17	9.3	9:43	9.2	3:04	1.0	3:30	0.4	5:24	6:06	