

Fore River, Portland, ME - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:25	9.6	6:09	-1.4	6:15	0.1	5:02	8:15	
2	Mon	12:30	11.5	1:18	9.7	7:02	-1.5	7:09	0.1	5:01	8:16	
3	Tue	1:25	11.4	2:14	9.6	7:56	-1.4	8:05	0.2	5:01	8:17	
4	Wed	2:21	11.2	3:12	9.5	8:52	-1.1	9:04	0.5	5:00	8:17	
5	Thu	3:21	10.8	4:12	9.5	9:50	-0.8	10:08	0.7	5:00	8:18	
6	Fri	4:24	10.3	5:13	9.5	10:49	-0.4	11:14	0.8	5:00	8:19	
7	Sat	5:28	9.8	6:13	9.5	11:48	0.0			4:59	8:19	
8	Sun	6:33	9.3	7:11	9.6	12:20	0.9	12:47	0.4	4:59	8:20	
9	Mon	7:37	9.0	8:07	9.7	1:26	0.8	1:45	0.7	4:59	8:21	
10	Tue	8:38	8.8	8:59	9.8	2:29	0.6	2:40	1.0	4:59	8:21	
11	Wed	9:34	8.7	9:47	9.9	3:25	0.4	3:31	1.2	4:59	8:22	
12	Thu	10:25	8.6	10:31	9.9	4:15	0.2	4:17	1.4	4:58	8:22	
13	Fri	11:12	8.5	11:13	9.9	5:01	0.1	5:00	1.5	4:58	8:23	
14	Sat	11:56	8.5	11:53	9.8	5:43	0.1	5:40	1.6	4:58	8:23	
15	Sun			12:37	8.5	6:23	0.2	6:19	1.6	4:58	8:24	
16	Mon	12:32	9.8	1:16	8.4	7:02	0.3	6:57	1.7	4:58	8:24	
17	Tue	1:10	9.7	1:53	8.4	7:38	0.4	7:35	1.7	4:58	8:25	
18	Wed	1:48	9.6	2:31	8.3	8:15	0.5	8:14	1.8	4:59	8:25	
19	Thu	2:26	9.4	3:10	8.3	8:52	0.6	8:56	1.8	4:59	8:25	
20	Fri	3:06	9.3	3:51	8.4	9:31	0.6	9:41	1.8	4:59	8:25	
21	Sat	3:50	9.1	4:32	8.6	10:11	0.7	10:28	1.7	4:59	8:26	
22	Sun	4:36	8.9	5:15	8.8	10:54	0.8	11:19	1.6	4:59	8:26	
23	Mon	5:26	8.7	6:00	9.1	11:39	0.9			5:00	8:26	
24	Tue	6:20	8.6	6:48	9.5	12:12	1.3	12:27	1.0	5:00	8:26	
25	Wed	7:18	8.5	7:40	9.9	1:09	0.9	1:19	1.0	5:00	8:26	
26	Thu	8:18	8.6	8:34	10.4	2:08	0.5	2:15	0.9	5:01	8:26	
27	Fri	9:17	8.8	9:29	10.8	3:06	-0.1	3:11	0.7	5:01	8:26	
28	Sat	10:15	9.1	10:24	11.2	4:02	-0.6	4:07	0.4	5:01	8:26	
29	Sun	11:12	9.3	11:20	11.5	4:58	-1.0	5:03	0.2	5:02	8:26	
30	Mon			12:09	9.6	5:53	-1.3	5:59	0.0	5:02	8:26	