

Fore River, Portland, ME - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:17	11.6	1:04	9.7	6:48	-1.5	6:56	-0.1	5:03	8:26	
2	Wed	1:13	11.6	1:59	9.9	7:42	-1.4	7:52	-0.1	5:03	8:26	
3	Thu	2:09	11.3	2:54	9.9	8:35	-1.2	8:51	0.1	5:04	8:26	
4	Fri	3:06	10.8	3:50	9.9	9:29	-0.9	9:51	0.3	5:05	8:25	
5	Sat	4:06	10.2	4:47	9.9	10:24	-0.4	10:53	0.5	5:05	8:25	
6	Sun	5:06	9.6	5:42	9.8	11:19	0.1	11:56	0.6	5:06	8:25	
7	Mon	6:07	9.0	6:37	9.7			12:13	0.7	5:07	8:24	
8	Tue	7:09	8.6	7:33	9.6	12:59	0.8	1:10	1.2	5:07	8:24	
9	Wed	8:11	8.3	8:27	9.5	2:02	0.8	2:07	1.5	5:08	8:24	
10	Thu	9:09	8.1	9:19	9.5	3:00	0.7	3:02	1.7	5:09	8:23	
11	Fri	10:02	8.1	10:06	9.6	3:52	0.6	3:51	1.8	5:10	8:23	
12	Sat	10:49	8.2	10:51	9.6	4:40	0.5	4:36	1.7	5:10	8:22	
13	Sun	11:33	8.2	11:33	9.7	5:23	0.5	5:18	1.7	5:11	8:21	
14	Mon			12:14	8.3	6:03	0.4	5:58	1.6	5:12	8:21	
15	Tue	12:12	9.7	12:52	8.4	6:40	0.3	6:35	1.5	5:13	8:20	
16	Wed	12:49	9.7	1:28	8.5	7:14	0.3	7:12	1.5	5:14	8:20	
17	Thu	1:25	9.7	2:03	8.6	7:48	0.3	7:50	1.4	5:15	8:19	
18	Fri	2:01	9.6	2:37	8.8	8:21	0.3	8:29	1.3	5:16	8:18	
19	Sat	2:38	9.4	3:12	8.9	8:56	0.4	9:10	1.3	5:17	8:17	
20	Sun	3:18	9.2	3:50	9.1	9:33	0.5	9:56	1.1	5:18	8:16	
21	Mon	4:03	9.0	4:32	9.3	10:15	0.6	10:45	1.0	5:18	8:16	
22	Tue	4:52	8.7	5:18	9.6	11:00	0.8	11:38	0.8	5:19	8:15	
23	Wed	5:46	8.5	6:09	9.8	11:50	0.9			5:20	8:14	
24	Thu	6:46	8.4	7:06	10.0	12:36	0.7	12:45	1.0	5:21	8:13	
25	Fri	7:50	8.4	8:07	10.3	1:39	0.4	1:46	1.0	5:22	8:12	
26	Sat	8:56	8.6	9:10	10.7	2:43	0.0	2:49	0.8	5:23	8:11	
27	Sun	9:58	8.9	10:10	11.1	3:45	-0.4	3:50	0.4	5:24	8:10	
28	Mon	10:57	9.3	11:08	11.4	4:43	-0.9	4:49	0.1	5:26	8:09	
29	Tue	11:53	9.7			5:38	-1.2	5:46	-0.2	5:27	8:08	
30	Wed	12:05	11.5	12:47	10.0	6:32	-1.4	6:42	-0.4	5:28	8:06	
31	Thu	1:00	11.5	1:39	10.2	7:23	-1.4	7:37	-0.4	5:29	8:05	