

Fore River, Portland, ME - Sep 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:14	9.5	3:33	9.9	9:17	0.4	9:54	0.2	6:04	7:17	
2	Tue	4:08	8.9	4:24	9.5	10:06	1.1	10:50	0.7	6:05	7:15	
3	Wed	5:05	8.3	5:19	9.1	10:59	1.6	11:49	1.1	6:07	7:13	
4	Thu	6:04	7.9	6:17	8.8	11:56	2.0			6:08	7:12	
5	Fri	7:05	7.7	7:18	8.7	12:51	1.4	12:57	2.3	6:09	7:10	
6	Sat	8:06	7.7	8:17	8.8	1:55	1.4	1:59	2.2	6:10	7:08	
7	Sun	9:01	7.8	9:11	9.0	2:52	1.3	2:55	2.0	6:11	7:06	
8	Mon	9:49	8.1	9:57	9.3	3:41	1.0	3:43	1.7	6:12	7:04	
9	Tue	10:31	8.5	10:39	9.5	4:22	0.8	4:25	1.3	6:13	7:03	
10	Wed	11:09	8.8	11:18	9.7	4:59	0.5	5:04	1.0	6:14	7:01	
11	Thu	11:44	9.1	11:55	9.8	5:32	0.3	5:41	0.7	6:16	6:59	
12	Fri			12:17	9.5	6:05	0.2	6:18	0.4	6:17	6:57	
13	Sat	12:31	9.8	12:49	9.7	6:37	0.2	6:55	0.2	6:18	6:55	
14	Sun	1:07	9.7	1:23	9.9	7:11	0.2	7:34	0.0	6:19	6:54	
15	Mon	1:46	9.5	1:59	10.1	7:48	0.3	8:16	-0.1	6:20	6:52	
16	Tue	2:27	9.3	2:39	10.1	8:28	0.5	9:02	0.0	6:21	6:50	
17	Wed	3:14	9.0	3:27	10.0	9:14	0.8	9:55	0.2	6:22	6:48	
18	Thu	4:08	8.6	4:22	9.9	10:06	1.1	10:54	0.4	6:23	6:46	
19	Fri	5:09	8.4	5:25	9.8	11:06	1.3	11:58	0.5	6:25	6:44	
20	Sat	6:16	8.2	6:33	9.8			12:11	1.4	6:26	6:42	
21	Sun	7:27	8.4	7:45	9.9	1:08	0.5	1:21	1.2	6:27	6:41	
22	Mon	8:35	8.8	8:52	10.2	2:17	0.2	2:31	0.8	6:28	6:39	
23	Tue	9:34	9.3	9:52	10.5	3:19	-0.2	3:34	0.3	6:29	6:37	
24	Wed	10:27	9.9	10:46	10.7	4:12	-0.5	4:30	-0.3	6:30	6:35	
25	Thu	11:15	10.3	11:37	10.7	5:01	-0.7	5:22	-0.6	6:31	6:33	
26	Fri			12:01	10.6	5:48	-0.7	6:12	-0.8	6:32	6:31	
27	Sat	12:26	10.5	12:45	10.7	6:32	-0.5	6:59	-0.8	6:34	6:30	
28	Sun	1:14	10.1	1:28	10.5	7:15	-0.1	7:45	-0.6	6:35	6:28	
29	Mon	2:00	9.7	2:10	10.2	7:57	0.5	8:32	-0.2	6:36	6:26	
30	Tue	2:47	9.1	2:54	9.8	8:41	1.0	9:20	0.3	6:37	6:24	