

Fore River, Portland, ME - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:37	8.6	3:43	9.3	9:28	1.6	10:13	0.8	6:38	6:22	
2	Thu	4:31	8.1	4:38	8.9	10:20	2.0	11:10	1.3	6:39	6:21	
3	Fri	5:28	7.8	5:36	8.6	11:17	2.3			6:41	6:19	
4	Sat	6:27	7.6	6:37	8.5	12:09	1.5	12:17	2.4	6:42	6:17	
5	Sun	7:27	7.7	7:37	8.6	1:10	1.6	1:19	2.3	6:43	6:15	
6	Mon	8:21	7.9	8:32	8.8	2:08	1.5	2:17	2.1	6:44	6:13	
7	Tue	9:09	8.3	9:20	9.0	2:57	1.2	3:08	1.6	6:45	6:12	
8	Wed	9:50	8.8	10:03	9.3	3:38	0.9	3:51	1.2	6:46	6:10	
9	Thu	10:27	9.2	10:43	9.5	4:15	0.6	4:31	0.7	6:48	6:08	
10	Fri	11:02	9.7	11:22	9.6	4:49	0.4	5:09	0.2	6:49	6:06	
11	Sat	11:36	10.0			5:24	0.3	5:48	-0.2	6:50	6:05	
12	Sun	12:01	9.7	12:11	10.3	6:00	0.2	6:28	-0.5	6:51	6:03	
13	Mon	12:41	9.6	12:49	10.5	6:38	0.3	7:10	-0.6	6:53	6:01	
14	Tue	1:23	9.5	1:30	10.6	7:20	0.4	7:55	-0.6	6:54	6:00	
15	Wed	2:08	9.3	2:16	10.5	8:05	0.6	8:44	-0.4	6:55	5:58	
16	Thu	2:59	9.0	3:08	10.3	8:55	0.8	9:40	-0.1	6:56	5:56	
17	Fri	3:57	8.7	4:09	10.0	9:52	1.1	10:42	0.2	6:57	5:55	
18	Sat	5:02	8.5	5:16	9.8	10:56	1.3	11:49	0.4	6:59	5:53	
19	Sun	6:11	8.5	6:27	9.7			12:05	1.3	7:00	5:51	
20	Mon	7:19	8.7	7:37	9.7	12:57	0.4	1:17	1.1	7:01	5:50	
21	Tue	8:22	9.2	8:43	9.8	2:02	0.2	2:26	0.7	7:02	5:48	
22	Wed	9:18	9.7	9:41	10.0	3:01	0.0	3:27	0.1	7:04	5:47	
23	Thu	10:08	10.2	10:33	10.1	3:53	-0.1	4:20	-0.3	7:05	5:45	
24	Fri	10:53	10.5	11:23	10.0	4:39	-0.1	5:09	-0.7	7:06	5:44	
25	Sat	11:37	10.6			5:24	0.0	5:56	-0.8	7:07	5:42	
26	Sun	12:09	9.8	11:54	9.5	5:06	0.3	5:40	-0.7	6:09	4:41	
27	Mon	11:59	10.3			5:47	0.6	6:23	-0.4	6:10	4:39	
28	Tue	12:38	9.1	12:39	10.0	6:28	1.0	7:05	0.0	6:11	4:38	
29	Wed	1:21	8.7	1:21	9.6	7:10	1.4	7:50	0.4	6:13	4:36	
30	Thu	2:07	8.3	2:07	9.2	7:54	1.8	8:38	0.9	6:14	4:35	
31	Fri	2:57	8.0	2:58	8.9	8:43	2.1	9:30	1.2	6:15	4:33	