

Fore River, Portland, ME - Apr 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:05	9.5	6:58	8.5			12:37	0.3	5:22	6:07	
2	Thu	7:16	9.8	8:00	9.2	12:56	0.9	1:42	-0.1	5:21	6:08	
3	Fri	8:20	10.1	8:55	9.9	2:03	0.3	2:39	-0.5	5:19	6:09	
4	Sat	9:17	10.4	9:45	10.5	3:01	-0.4	3:30	-0.8	5:17	6:10	
5	Sun	10:10	10.6	10:32	10.9	3:55	-1.0	4:18	-0.9	5:15	6:12	
6	Mon	11:01	10.6	11:18	11.1	4:46	-1.4	5:04	-0.8	5:14	6:13	
7	Tue	11:50	10.3			5:35	-1.5	5:49	-0.5	5:12	6:14	
8	Wed	12:02	11.0	12:37	10.0	6:22	-1.4	6:33	-0.1	5:10	6:15	
9	Thu	12:46	10.7	1:25	9.4	7:09	-1.0	7:18	0.5	5:08	6:16	
10	Fri	1:31	10.3	2:14	8.9	7:57	-0.4	8:06	1.1	5:07	6:18	
11	Sat	2:19	9.7	3:07	8.4	8:49	0.2	8:57	1.6	5:05	6:19	
12	Sun	3:12	9.2	4:04	8.0	9:44	0.8	9:53	2.0	5:03	6:20	
13	Mon	4:10	8.7	5:03	7.7	10:43	1.2	10:54	2.3	5:01	6:21	
14	Tue	5:11	8.4	6:02	7.7	11:43	1.4	11:58	2.3	5:00	6:22	
15	Wed	6:13	8.3	7:00	7.9			12:43	1.5	4:58	6:23	
16	Thu	7:12	8.4	7:51	8.2	1:00	2.1	1:36	1.3	4:56	6:25	
17	Fri	8:05	8.6	8:34	8.6	1:55	1.7	2:21	1.2	4:55	6:26	
18	Sat	8:51	8.8	9:13	9.1	2:42	1.3	2:59	1.0	4:53	6:27	
19	Sun	9:33	8.9	9:48	9.4	3:23	0.8	3:35	0.8	4:51	6:28	
20	Mon	10:13	9.0	10:22	9.8	4:01	0.4	4:09	0.7	4:50	6:29	
21	Tue	10:51	9.1	10:57	10.0	4:38	0.0	4:44	0.7	4:48	6:31	
22	Wed	11:30	9.1	11:32	10.2	5:15	-0.3	5:21	0.7	4:47	6:32	
23	Thu			12:09	9.1	5:55	-0.4	6:00	0.7	4:45	6:33	
24	Fri	12:11	10.3	12:51	9.0	6:36	-0.5	6:43	0.8	4:43	6:34	
25	Sat	12:53	10.3	1:37	8.8	7:22	-0.4	7:29	0.9	4:42	6:35	
26	Sun	1:41	10.2	3:29	8.6	9:12	-0.2	9:22	1.1	5:40	7:37	
27	Mon	3:35	10.0	4:28	8.5	10:09	0.0	10:21	1.2	5:39	7:38	
28	Tue	4:37	9.8	5:32	8.6	11:10	0.1	11:27	1.3	5:37	7:39	
29	Wed	5:44	9.6	6:37	8.8			12:13	0.2	5:36	7:40	
30	Thu	6:53	9.6	7:41	9.2	12:35	1.1	1:17	0.2	5:34	7:41	