

Fore River, Portland, ME - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:46	9.2	10:00	10.5	3:35	-0.2	3:43	0.6	5:02	8:15	
2	Tue	10:40	9.2	10:48	10.6	4:27	-0.5	4:32	0.7	5:01	8:16	
3	Wed	11:30	9.1	11:34	10.5	5:16	-0.6	5:19	0.9	5:01	8:16	
4	Thu			12:18	9.0	6:03	-0.5	6:04	1.0	5:01	8:17	
5	Fri	12:18	10.4	1:02	8.9	6:48	-0.4	6:48	1.2	5:00	8:18	
6	Sat	1:01	10.2	1:45	8.7	7:31	-0.1	7:31	1.4	5:00	8:19	
7	Sun	1:43	9.9	2:28	8.5	8:12	0.1	8:13	1.6	4:59	8:19	
8	Mon	2:26	9.6	3:11	8.4	8:54	0.4	8:58	1.8	4:59	8:20	
9	Tue	3:09	9.3	3:56	8.4	9:36	0.7	9:45	1.9	4:59	8:21	
10	Wed	3:56	9.0	4:42	8.4	10:20	0.9	10:35	2.0	4:59	8:21	
11	Thu	4:44	8.7	5:27	8.5	11:03	1.1	11:26	2.0	4:59	8:22	
12	Fri	5:35	8.4	6:12	8.6	11:47	1.3			4:58	8:22	
13	Sat	6:27	8.2	6:58	8.8	12:18	1.9	12:33	1.5	4:58	8:23	
14	Sun	7:22	8.1	7:45	9.1	1:12	1.7	1:21	1.6	4:58	8:23	
15	Mon	8:17	8.1	8:32	9.4	2:07	1.3	2:11	1.6	4:58	8:24	
16	Tue	9:10	8.2	9:18	9.8	2:59	0.9	3:00	1.4	4:58	8:24	
17	Wed	10:01	8.4	10:05	10.3	3:48	0.4	3:48	1.2	4:58	8:24	
18	Thu	10:50	8.7	10:53	10.6	4:36	-0.1	4:37	0.9	4:58	8:25	
19	Fri	11:40	8.9	11:43	11.0	5:25	-0.5	5:27	0.7	4:59	8:25	
20	Sat			12:30	9.2	6:15	-0.8	6:18	0.5	4:59	8:25	
21	Sun	12:34	11.2	1:21	9.4	7:05	-1.1	7:11	0.3	4:59	8:26	
22	Mon	1:27	11.2	2:13	9.6	7:55	-1.1	8:05	0.2	4:59	8:26	
23	Tue	2:20	11.1	3:07	9.7	8:47	-1.1	9:02	0.2	4:59	8:26	
24	Wed	3:17	10.7	4:03	9.9	9:41	-0.8	10:03	0.3	5:00	8:26	
25	Thu	4:17	10.3	5:00	10.0	10:36	-0.5	11:06	0.4	5:00	8:26	
26	Fri	5:19	9.8	5:56	10.1	11:32	-0.1			5:00	8:26	
27	Sat	6:22	9.3	6:54	10.1	12:10	0.4	12:29	0.3	5:01	8:26	
28	Sun	7:27	8.9	7:52	10.1	1:15	0.3	1:28	0.7	5:01	8:26	
29	Mon	8:31	8.7	8:48	10.1	2:20	0.2	2:27	1.0	5:02	8:26	
30	Tue	9:31	8.6	9:41	10.1	3:19	0.1	3:23	1.2	5:02	8:26	