

Fore River, Portland, ME - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:29	9.6	5:09	8.3	10:57	0.2	11:10	0.9	7:17	6:29	
2	Sat	5:28	9.6	6:14	8.2	11:59	0.3			7:16	6:30	
3	Sun	6:35	9.6	7:25	8.4	12:13	0.9	1:07	0.2	7:14	6:31	
4	Mon	7:46	9.8	8:34	8.8	1:22	0.8	2:16	-0.1	7:12	6:33	
5	Tue	8:53	10.2	9:35	9.4	2:32	0.4	3:19	-0.6	7:11	6:34	
6	Wed	9:54	10.6	10:30	10.0	3:36	-0.2	4:15	-1.1	7:09	6:35	
7	Thu	10:50	10.9	11:21	10.5	4:33	-0.8	5:06	-1.4	7:07	6:36	
8	Fri	11:43	11.1			5:27	-1.3	5:55	-1.5	7:05	6:38	
9	Sat	12:09	10.9	12:33	11.0	6:18	-1.5	6:41	-1.4	7:04	6:39	
10	Sun	12:55	11.0	1:22	10.7	7:07	-1.5	7:27	-1.0	7:02	6:40	
11	Mon	1:40	10.9	2:10	10.2	7:55	-1.3	8:12	-0.5	7:00	6:41	
12	Tue	2:26	10.5	2:58	9.6	8:44	-0.8	8:58	0.1	6:58	6:43	
13	Wed	3:12	10.1	3:50	8.9	9:34	-0.3	9:47	0.7	6:57	6:44	
14	Thu	4:03	9.5	4:45	8.4	10:28	0.3	10:39	1.3	6:55	6:45	
15	Fri	4:57	9.0	5:43	7.9	11:25	0.8	11:37	1.7	6:53	6:46	
16	Sat	5:56	8.7	6:44	7.7			12:27	1.2	6:51	6:48	
17	Sun	6:58	8.5	7:45	7.7	12:38	2.0	1:30	1.3	6:49	6:49	
18	Mon	7:59	8.5	8:42	7.9	1:43	2.0	2:29	1.2	6:48	6:50	
19	Tue	8:55	8.7	9:30	8.3	2:42	1.7	3:19	1.0	6:46	6:51	
20	Wed	9:43	8.9	10:13	8.7	3:32	1.3	4:01	0.7	6:44	6:52	
21	Thu	10:26	9.2	10:51	9.0	4:15	0.9	4:39	0.5	6:42	6:54	
22	Fri	11:06	9.4	11:26	9.4	4:54	0.5	5:13	0.3	6:40	6:55	
23	Sat	11:44	9.5			5:31	0.2	5:46	0.2	6:39	6:56	
24	Sun	12:00	9.7	12:21	9.5	6:07	-0.2	6:20	0.1	6:37	6:57	
25	Mon	12:33	10.0	12:58	9.5	6:45	-0.4	6:56	0.1	6:35	6:58	
26	Tue	1:08	10.2	1:36	9.5	7:24	-0.6	7:35	0.1	6:33	7:00	
27	Wed	1:45	10.3	2:18	9.3	8:05	-0.6	8:16	0.2	6:31	7:01	
28	Thu	2:27	10.2	3:04	9.1	8:52	-0.5	9:03	0.4	6:30	7:02	
29	Fri	3:16	10.1	3:58	8.8	9:43	-0.3	9:57	0.7	6:28	7:03	
30	Sat	4:11	9.9	4:58	8.6	10:41	-0.1	10:56	0.9	6:26	7:04	
31	Sun	5:14	9.7	6:04	8.6	11:44	0.1			6:24	7:06	