

Fore River, Portland, ME - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:00	11.3	2:30	10.7	8:14	-1.7	8:35	-1.2	7:18	6:29	
2	Sun	2:51	11.0	3:25	10.0	9:08	-1.3	9:27	-0.5	7:16	6:30	
3	Mon	3:45	10.5	4:24	9.3	10:06	-0.7	10:23	0.2	7:14	6:31	
4	Tue	4:43	10.0	5:26	8.7	11:08	-0.1	11:24	0.8	7:13	6:32	
5	Wed	5:45	9.5	6:31	8.3			12:13	0.4	7:11	6:34	
6	Thu	6:50	9.1	7:38	8.1	12:29	1.3	1:22	0.7	7:09	6:35	
7	Fri	7:56	9.0	8:40	8.2	1:37	1.4	2:26	0.7	7:08	6:36	
8	Sat	8:56	9.0	9:33	8.4	2:41	1.4	3:22	0.6	7:06	6:37	
9	Sun	9:47	9.2	10:19	8.7	3:35	1.1	4:09	0.5	7:04	6:39	
10	Mon	10:33	9.3	11:00	8.9	4:22	0.8	4:50	0.3	7:02	6:40	
11	Tue	11:13	9.4	11:37	9.2	5:03	0.6	5:26	0.2	7:01	6:41	
12	Wed	11:51	9.5			5:40	0.4	5:59	0.2	6:59	6:42	
13	Thu	12:11	9.4	12:27	9.4	6:15	0.2	6:30	0.2	6:57	6:44	
14	Fri	12:43	9.5	1:01	9.3	6:49	0.1	7:01	0.3	6:55	6:45	
15	Sat	1:14	9.5	1:35	9.2	7:22	0.1	7:33	0.4	6:53	6:46	
16	Sun	1:45	9.5	2:09	9.0	7:57	0.1	8:07	0.6	6:52	6:47	
17	Mon	2:18	9.5	2:47	8.7	8:35	0.2	8:45	0.8	6:50	6:49	
18	Tue	2:56	9.5	3:29	8.5	9:18	0.3	9:29	1.0	6:48	6:50	
19	Wed	3:40	9.4	4:18	8.3	10:06	0.4	10:18	1.1	6:46	6:51	
20	Thu	4:32	9.3	5:15	8.2	11:00	0.5	11:14	1.2	6:44	6:52	
21	Fri	5:30	9.3	6:17	8.3			12:00	0.5	6:43	6:53	
22	Sat	6:35	9.4	7:23	8.5	12:16	1.1	1:04	0.3	6:41	6:55	
23	Sun	7:43	9.7	8:27	9.1	1:23	0.8	2:09	0.0	6:39	6:56	
24	Mon	8:48	10.1	9:25	9.8	2:30	0.2	3:09	-0.5	6:37	6:57	
25	Tue	9:48	10.6	10:18	10.5	3:31	-0.5	4:03	-1.0	6:35	6:58	
26	Wed	10:43	10.9	11:09	11.1	4:27	-1.2	4:54	-1.4	6:34	6:59	
27	Thu	11:37	11.1	11:59	11.5	5:21	-1.7	5:44	-1.5	6:32	7:01	
28	Fri			12:29	11.1	6:13	-2.0	6:33	-1.4	6:30	7:02	
29	Sat	12:48	11.6	1:20	10.8	7:04	-2.0	7:22	-1.1	6:28	7:03	
30	Sun	1:36	11.4	2:12	10.4	7:55	-1.7	8:11	-0.6	6:26	7:04	
31	Mon	2:26	11.0	3:05	9.8	8:47	-1.2	9:02	0.0	6:25	7:05	