

Fore River, Portland, ME - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:57	8.8	5:38	8.7	11:15	1.0	11:41	1.8	5:02	8:15	
2	Mon	5:50	8.5	6:28	8.7			12:03	1.3	5:02	8:15	
3	Tue	6:45	8.3	7:17	8.8	12:37	1.8	12:52	1.5	5:01	8:16	
4	Wed	7:41	8.2	8:06	9.0	1:33	1.6	1:42	1.6	5:01	8:17	
5	Thu	8:35	8.2	8:53	9.3	2:27	1.4	2:31	1.5	5:00	8:18	
6	Fri	9:26	8.3	9:36	9.6	3:16	1.0	3:17	1.4	5:00	8:18	
7	Sat	10:12	8.5	10:18	9.9	4:01	0.6	4:00	1.3	5:00	8:19	
8	Sun	10:56	8.7	11:00	10.2	4:43	0.2	4:43	1.0	4:59	8:20	
9	Mon	11:40	8.9	11:42	10.5	5:25	-0.2	5:26	0.8	4:59	8:20	
10	Tue			12:23	9.1	6:08	-0.5	6:11	0.6	4:59	8:21	
11	Wed	12:26	10.7	1:08	9.4	6:52	-0.7	6:57	0.4	4:59	8:22	
12	Thu	1:11	10.9	1:53	9.6	7:37	-0.9	7:46	0.3	4:59	8:22	
13	Fri	1:59	10.8	2:41	9.7	8:23	-0.9	8:37	0.2	4:58	8:23	
14	Sat	2:50	10.7	3:33	9.9	9:13	-0.9	9:33	0.2	4:58	8:23	
15	Sun	3:45	10.4	4:28	10.0	10:06	-0.7	10:32	0.3	4:58	8:24	
16	Mon	4:45	10.1	5:24	10.1	11:01	-0.4	11:34	0.2	4:58	8:24	
17	Tue	5:47	9.7	6:22	10.3	11:57	-0.1			4:58	8:24	
18	Wed	6:51	9.4	7:22	10.4	12:38	0.2	12:57	0.1	4:58	8:25	
19	Thu	7:58	9.2	8:22	10.5	1:44	0.0	1:58	0.3	4:59	8:25	
20	Fri	9:01	9.2	9:19	10.7	2:48	-0.2	2:58	0.4	4:59	8:25	
21	Sat	10:00	9.2	10:12	10.8	3:47	-0.4	3:54	0.5	4:59	8:26	
22	Sun	10:54	9.3	11:03	10.8	4:41	-0.6	4:46	0.5	4:59	8:26	
23	Mon	11:45	9.3	11:51	10.7	5:31	-0.7	5:35	0.5	4:59	8:26	
24	Tue			12:32	9.3	6:18	-0.6	6:23	0.6	5:00	8:26	
25	Wed	12:37	10.5	1:17	9.3	7:03	-0.5	7:08	0.8	5:00	8:26	
26	Thu	1:21	10.3	2:00	9.2	7:44	-0.3	7:51	0.9	5:00	8:26	
27	Fri	2:03	10.0	2:41	9.1	8:25	0.0	8:35	1.1	5:01	8:26	
28	Sat	2:45	9.6	3:24	9.0	9:05	0.3	9:20	1.3	5:01	8:26	
29	Sun	3:29	9.2	4:07	8.9	9:46	0.6	10:07	1.5	5:02	8:26	
30	Mon	4:16	8.8	4:51	8.9	10:28	0.9	10:56	1.6	5:02	8:26	