

Fore River, Portland, ME - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:05	8.5	5:36	8.9	11:11	1.2	11:47	1.6	5:03	8:26	
2	Wed	5:56	8.2	6:23	8.9	11:57	1.4			5:03	8:26	
3	Thu	6:49	8.0	7:12	9.1	12:40	1.6	12:46	1.6	5:04	8:26	
4	Fri	7:46	7.9	8:03	9.3	1:35	1.4	1:38	1.6	5:04	8:26	
5	Sat	8:41	8.0	8:53	9.6	2:30	1.1	2:31	1.5	5:05	8:25	
6	Sun	9:33	8.3	9:41	10.0	3:22	0.7	3:21	1.3	5:06	8:25	
7	Mon	10:22	8.6	10:29	10.4	4:09	0.2	4:10	0.9	5:06	8:25	
8	Tue	11:10	9.0	11:16	10.8	4:56	-0.3	4:59	0.5	5:07	8:24	
9	Wed	11:57	9.4			5:42	-0.7	5:48	0.2	5:08	8:24	
10	Thu	12:05	11.1	12:45	9.8	6:29	-1.1	6:38	-0.2	5:08	8:23	
11	Fri	12:54	11.3	1:32	10.1	7:16	-1.3	7:29	-0.4	5:09	8:23	
12	Sat	1:44	11.2	2:21	10.4	8:04	-1.3	8:22	-0.4	5:10	8:22	
13	Sun	2:36	11.0	3:13	10.5	8:53	-1.2	9:18	-0.4	5:11	8:22	
14	Mon	3:31	10.6	4:07	10.6	9:46	-0.9	10:17	-0.3	5:12	8:21	
15	Tue	4:31	10.1	5:04	10.5	10:40	-0.5	11:19	-0.1	5:13	8:20	
16	Wed	5:33	9.6	6:02	10.4	11:38	0.0			5:13	8:20	
17	Thu	6:37	9.2	7:03	10.3	12:23	0.0	12:38	0.4	5:14	8:19	
18	Fri	7:44	8.9	8:05	10.3	1:30	0.1	1:41	0.7	5:15	8:18	
19	Sat	8:48	8.8	9:05	10.3	2:36	0.1	2:44	0.8	5:16	8:18	
20	Sun	9:47	8.9	9:59	10.3	3:35	-0.1	3:41	0.8	5:17	8:17	
21	Mon	10:40	8.9	10:50	10.3	4:28	-0.2	4:33	0.8	5:18	8:16	
22	Tue	11:29	9.0	11:36	10.3	5:17	-0.2	5:21	0.8	5:19	8:15	
23	Wed			12:13	9.1	6:01	-0.2	6:05	0.8	5:20	8:14	
24	Thu	12:19	10.2	12:54	9.2	6:41	-0.1	6:47	0.8	5:21	8:13	
25	Fri	12:59	10.0	1:32	9.2	7:18	0.0	7:27	0.8	5:22	8:12	
26	Sat	1:38	9.8	2:09	9.2	7:54	0.2	8:06	0.9	5:23	8:11	
27	Sun	2:16	9.5	2:45	9.1	8:29	0.4	8:46	1.1	5:24	8:10	
28	Mon	2:55	9.2	3:23	9.1	9:05	0.7	9:28	1.2	5:25	8:09	
29	Tue	3:37	8.8	4:04	9.0	9:44	0.9	10:13	1.3	5:26	8:08	
30	Wed	4:22	8.5	4:47	9.0	10:26	1.2	11:01	1.4	5:27	8:07	
31	Thu	5:11	8.2	5:33	9.0	11:11	1.4	11:52	1.4	5:28	8:06	